



Psychoanalytic Training Program Frequently Asked Questions

Overview

The PCC's training programs are transitioning in the fall of 2026 to a new model structured around **developmental lines and stages of the mind**, rather than primarily around historical schools of psychoanalytic thought. This creates a more coherent learning arc and supports early integration of theory and clinical practice.

All matriculated students complete a **three-year Foundational Curriculum**. This structure allows students to immediately apply theory to clinical material and to learn psychoanalytic techniques in a developmentally informed way.

In this new model, Psychotherapy students and psychoanalysis students will move through the foundational curriculum together as a cohort.

Analytic candidates continue into a **two-year Advanced Curriculum**, which includes Advanced Integrative Seminars (AIS). These seminars replace traditional case conferences and technique courses, integrating advanced theory, technique, and clinical process in a seminar format.

Q. How long does it take to complete the training program?

- The length of time varies because the program involves three parts: personal treatment, didactic courses, and supervised cases.
- The curriculum requirements are 5 years for the psychoanalysis training program and 3 years for the psychotherapy program.
- Acquiring the total hours for supervised cases is often the determining factor in how soon someone can graduate. The time needed to receive credit for a supervised case is often determined by the patient's needs, the availability of both patient and student/candidate, and the possibility of a case being interrupted because of life or clinical circumstances.
- Graduation is not tied to the length of one's own personal treatment.

Q. When do classes meet? How long are the semesters?

- Generally, courses meet virtually, via Zoom video conferencing, on Tuesday and Wednesday evenings, with some exceptions based on the availability of the instructor.
- Semesters are about 4 months long (mid-August through mid-December and mid-January through mid-May).
- There will be a course that is more theory oriented first in the evening followed by a more experiential/technique-based course afterwards.

Q. Can psychiatry residents apply for PCC's Psychoanalytic Training Program?

- Yes. Applicants to the PCC's advanced post-graduate training programs must be licensed to do clinical work in North or South Carolina, depending on where they reside. This can be a provisional license.

Q. I do not live in the Carolinas. Can I train with the PCC?

- While PCC elective courses are generally open to clinicians across the country, our training programs are designed for people who live and are licensed to practice in the Carolinas. Admission to the psychoanalytic training program is generally reserved for residents of either North or South Carolina.

Q. Do I have to be in my own analysis concurrent with my training?

- Personal psychoanalysis or intensive psychoanalytically oriented psychotherapy is a key component of the Training Programs and is required.
- The psychotherapy training program requires either a current or completed psychoanalysis/intensive psychoanalytically oriented psychotherapy.
- The psychoanalysis training program requires a psychoanalysis during training with one of the PCC's training analysts or with a psychoanalyst approved under our training analyst waiver procedures.

Q. Do you have a training program focused on child and adolescent treatment?

- The PCC currently has a child/adolescent program in the psychoanalysis track.
- Due to the developmental nature of the curriculum, it can accommodate child psychotherapy students.
- Technique courses focused specifically on child-therapy and child-analysis are being planned for the future, which will be enriching for all child-focused students.

Q. What differentiates the psychotherapy track from the psychoanalysis program?

- ***Psychoanalytic Psychotherapy Training***
 - Three years of coursework (Foundational Curriculum)
 - Supervision: two cases (2x week), 2 years, minimum of 75 hours per case.
 - A current or completed psychoanalysis or intensive psychoanalytically oriented psychotherapy is required.
 - Designed to introduce psychoanalytic ideas and theories for use in psychotherapy.
- ***Psychoanalysis Training***
 - Five years of coursework (Foundational and Advanced Curriculum)
 - Supervision
 - Adult Psychoanalysis Track: three adult cases (3x week) minimum of 50 hours per case.
 - Child Psychoanalysis Track: three child cases (3x week) minimum of 50 hours per case.
 - Combined Adult/Child Track: two adult cases (3x week) and three child cases (3x week) minimum of 50 hours per case.
 - Development of an analytic process in those cases (details available)
 - Personal analysis required during training.
 - Focused training program for child/adolescent analysis.
 - Designed to prepare students to become psychoanalysts.

Q. What does it cost?

- The fees will vary, but an approximate cost for one year in the PCC training program= \$2,705
 - Training Program Annual Fee - \$250
 - Tuition: Two semesters, four 16-week courses x \$540)- \$2,160
 - PCC Matriculated Student Membership: \$250
 - Discounted Subscription to Psychoanalytic Electronic Publishing website - \$45
 - Fees for supervision and personal treatment are negotiated between the student and the student's analyst/psychotherapist or supervisor and are not paid to the PCC. *They are very much contingent upon personal circumstance.*
 - It should be noted that these fees typically represent the majority of the cost of training.
 - The PCC offers grants, fellowships, and scholarships to help offset some of the costs associated with training.
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For more information on the program, please visit the [Education page](#) on our website and review the [PCC Student Handbook](#). For questions about matriculation or eligibility, please contact the PCC Admissions Chair, Lida Jeck MD, lida.jeck@mindspring.com.