



501 – Adult Case Conference

Instructor: Laurie Pahel, MD

Meeting Dates: Sundays

2026: January 11, Jan. 25, February 8, Feb. 22,
March 8, March 22, April 12, April 19

Time: 4:30 PM-6:00 PM Eastern

Location: Zoom/Virtual

of Credit hours: APA Category B CE: 12 clock hours / NBCC: 12 clock hours / All others: Letter of Attendance

Target Audience: This course is intended for clinicians at the intermediate to advanced levels.

Prerequisites: This class is open to matriculated students in psychoanalysis track who have patients in analytic treatment. Students should have completed most of the core curriculum.

Format: This class will involve case presentation by one or two participants, with small group discussion to follow the presentation.

Description: The course seeks to examine closely the fine-tuned analytic process of one psychoanalytic case. We will explore verbatim notes in relation to transference, countertransference, clarification, interpretation, resistance, linking, dreams, and frame. In this seminar participants present adult case material. A variety of technical issues related to working with adults in psychoanalysis are discussed.

Course Syllabus: [Adult Case Conference](#)

Training Program Credit: Students who successfully complete this course can earn credit in the psychoanalysis training programs.

Continuing Education Credit: At the end of the course, participants must complete the evaluation form to receive continuing education credit. The instructor(s) have no relevant financial relationships with ineligible companies to disclose. CME hours are not offered to physician learners for this course.

About the Instructor:

Laurie Pahel, MD, FABP (Fellow of the American Board of Psychoanalysis), is a training and supervising psychoanalyst in the Psychoanalytic Center for the Carolinas. She has had an adult clinical practice for 25 years in the Triangle Area.



Registration and Tuition Deadline is December 21, 2025.

Tuition

PCC Matriculated Students: **\$265**

Graduate Students and Residents: **\$335**

All others: **\$365**

Registration Fee: \$25 per term (Matriculated Students are exempt from registration fee).

Payment plans can be arranged with the Business Manager, [Lisa Long](#).

[Course Cancellation Policy](#)

[Register Here](#)

Course Learning Objectives

Class participants will be able to:

1. Describe how to look for indicators that a patient may be ready to move from psychoanalytic psychotherapy into psychoanalysis and how to approach the patient about making this change.
2. Describe how to recognize and intervene with resistance to free association.
3. Discuss how to understand and interpret the meanings of fantasies and dreams.
4. Discuss methods to help the analysand reveal or elaborate on the transference.
5. Discuss ways of interpreting the meanings of transference.
6. Describe methods for recognizing and using countertransference issues.
7. Describe the consideration of the quality of one's interpretations as being experience-near, having continuity, and timeliness.
8. Discuss the helpfulness of one's interventions as observed by changes in the patient's productivity, affective interactions, or ability for self-analysis.
9. Identify and work with the influence of culture, race, and gender in the course of treatment.

Confidentiality Statement: All case material will be carefully disguised. We ask that participants agree to hold all material presented with the utmost care, following ethical and professional guidelines.

Course Participants agree to review and abide to the following:

[Professional and Ethical Guidelines for the Classroom](#)

Accommodation Statement: To request an accommodation for this program, please get in touch with the Administrator at Kayla@CarolinaPsychoanalytic.org by two weeks before the start date.

Continuing Education Disclosures:

The Psychoanalytic Center of the Carolinas has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6518. Programs that do not qualify for NBCC credit are clearly identified. The Psychoanalytic Center of the Carolinas is solely responsible for all aspects of the program.

The Psychoanalytic Center of the Carolinas is approved by the American Psychological Association to sponsor continuing education for psychologists. The Psychoanalytic Center of the Carolinas maintains responsibility for this program and its content.

Social workers will receive a letter of attendance documenting their hours of continuing education. This certificate may not be acceptable verification in all states.

Contact: Kayla@CarolinaPsychoanalytic.org

Kayla Schilke, Training and Education Program Manager

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