



**406 – Termination:  
Clinical and Conceptual Considerations of  
Endings and Terminations of Psychoanalytic Treatments**

**Instructor:** Nancy J. Warren, PhD

**Meeting Dates:** Tuesdays  
January 13, 2026 – March 3, 2026  
**Time:** 5:30 PM-7:00 PM Eastern  
**Location:** Zoom/Virtual

**# of Credit hours:** APA CE: 12 clock hours / NBCC: 12 clock hours / All others: Letter of Attendance

**Target Audience:** This course is appropriate for advanced clinicians.

**Prerequisites:** This class is intended for Psychoanalytic Candidates in the PCC Training programs who have completed the Core Curriculum. Psychotherapy students who have completed the Core Curriculum may attend with permission of the instructor. Please request permission prior to registering.

**Format:** This class will combine lecture and seminar formats. Student participation is encouraged in small group discussion, requiring participants to read and synthesize the materials presented. Short writing assignments may be given.

**Description:** The word “termination” is inadequate for the various ways in which a psychoanalytic treatment may be concluded. The word “termination” derives from Freud’s scant work on the conclusion of psychoanalytic treatment. Some treatments end abruptly, unilaterally, and/or with intense affective aspects and results that fall short of the treatment goals. At best, “termination” is a shortcut for the variety of ways, satisfactory and not so satisfactory, that treatments conclude. This course will consider the history of “termination” in terms of older classical views, including but not limited to Freud’s. More contemporary Freudian and relational/interpersonal points of view will also be considered. Other dimensions of a treatment’s conclusion will also be studied: Who decides, whether it is planned or not, mutual or not, or at an impasse. Further, we will study indicators for concluding treatment, and complicating factors such as diagnosis, a history of trauma, and attachment issues. Intersecting identities and oppressions, and aspects of termination particular to children, adolescents, and families will also be considered.

**Course Syllabus:** [Termination](#)

**Training Program Credit:** Students who successfully complete this course can earn credit in the psychoanalysis Adult, Child, or Adult/Child combined training programs.

**Continuing Education Credit:** At the end of the course, participants must complete the evaluation form to receive continuing education credit. The instructor(s) have no relevant financial relationships with ineligible companies to disclose. CME credits are not offered to physician learners for this course.

#### **About the Instructor:**

**Nancy Warren, PhD**, received her undergraduate degree from Duke University in psychology and her PhD from St. Louis University in 1978. Her first position was at University of North Carolina Chapel Hill, in the Psychiatry Department, where she taught and supervised psychiatry residents and psychology interns, in addition to seeing patients in outpatient practice. She was a member of a Family Crisis Team in the Clinic at UNC. After moving to Houston, Texas, in 1989, she was on the faculty at Baylor College of Medicine and then transitioned to private practice. She received her psychoanalytic training from the Center for Psychoanalytic Studies Houston, graduating in 2006, and is now on the faculty there. After moving to Charleston, South Carolina, in 2011, she worked at the Medical University of South Carolina in the Psychiatry Department until 2023. She joined the faculty of the PCC in 2011 and maintains a small private practice in Charleston, South Carolina.

***Registration and Tuition Deadline is December 21, 2025.***

#### **Tuition**

PCC Matriculated Students: **\$265**

Graduate Students and Residents: **\$335**

All others: **\$365**

*Registration Fee: \$25 per term (Matriculated Students are exempt from registration fee).*

*Payment plans can be arranged with the Business Manager, [Lisa Long](#).*

[Course Cancellation Policy](#)

**[Register Here](#)**

#### **Course Learning Objectives**

Class participants will be able to:

1. Describe the impact of racism, homophobia, misogyny, and immigration on the ending of therapy.
2. Discuss pros and cons of early authors' "rules" for ending treatment.
3. Assess the question of whether the transference neurosis is "dissolved" in terminating an analytic treatment.
4. Explain how more contemporary analysts view termination differently from earlier analysts.
5. Describe how ending a treatment with a child affects concurrent parent and family treatments.

6. Explain how relational analysts view the elements of termination differently from classical and modern Freudian analysts.
7. Discuss how the analyst's own attachment style affects how we go about ending a treatment.
8. Discuss the complexities of endings that feel premature.

**Confidentiality Statement:** All case material will be carefully disguised. We ask that participants agree to hold all material presented with the utmost care, following ethical and professional guidelines.

Course Participants agree to review and abide to the following:

[Professional and Ethical Guidelines for the Classroom](#)

**Accommodation Statement:** To request an accommodation for this program, please contact the Administrator at [Kayla@CarolinaPsychoanalytic.org](mailto:Kayla@CarolinaPsychoanalytic.org) by two weeks before the start date.

**Continuing Education Disclosures:**

The Psychoanalytic Center of the Carolinas has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6518. Programs that do not qualify for NBCC credit are clearly identified. The Psychoanalytic Center of the Carolinas is solely responsible for all aspects of the program.

The Psychoanalytic Center of the Carolinas is approved by the American Psychological Association to sponsor continuing education for psychologists. The Psychoanalytic Center of the Carolinas maintains responsibility for this program and its content.

Social workers will receive a letter of attendance documenting their hours of continuing education. This certificate may not be acceptable verification in all states.

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**Contact:** [Kayla@CarolinaPsychoanalytic.org](mailto:Kayla@CarolinaPsychoanalytic.org)

Kayla Schilke, Training and Education Program Manager

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