



Psychoanalytic Center
of the Carolinas

207 – Psychological Development Across the Life Cycle 2: Adolescence - Late Life

Instructor: Kate Leslie, MSW, LCSW

Meeting Dates: Tuesdays

January 13, 2026 through May 5, 2026

3/10 and 5/12 are reserved as make-up days

Time: 7:10 PM—8:40 PM Eastern

Location: Zoom/Virtual

of Credit hours: CME Credits: 24 / CE: 24 clock hours/ NBCC: 24 clock hours / All others: Letter of Attendance

Target Audience: This class is for mental health professionals at intermediate to advanced levels, *who have completed part 1 of the course* (206, Life Cycle 1).

Prerequisites: This class is a required class for matriculated students in either the Adult, Adult/Child, or Child-Focused Psychoanalytic programs and in the Psychoanalytic Psychotherapy program.

Non-matriculated students who have extensive experience and are considering analytic training can register for the course with permission of the instructor.

If needing permission, please contact the instructor(s) directly for approval *before* registering.

Completion of Part I (PCC course 206) is required to enroll in Part II.

Format: This class will combine lecture and seminar formats. Student presentation of clinical material will be essential to class participation. All PCC courses include small group discussions which require participants to read and synthesize the materials presented. PCC faculty ensure that gaps in knowledge are addressed. The instructor will work with students to address any issues of inclusion and accessibility. The instructor values a co-created learning environment and sees the students as experts in their own experiences, both clinically and in their own identity development.

Description: There are developmental moments mastered throughout the life cycle. This course has two parts. The first will focus on adolescent development, roughly between ages 12 through 20. We will utilize psychoanalytic perspectives to explore the intrapsychic and interpersonal developmental tasks common to this period. We will consider different theoretical perspectives including Attachment Theory, Object Relations, Ego Psychology, Relational Psychoanalysis, neo-Kleinian, and classical psychoanalysis. We will also consider theories of identity and identity formation, including cultural and sociological studies. These other theoretical perspectives will help us contextualize adolescence within modernity and intersectionality identities. We will use clinical material to complement our theoretical readings.

Then we will shift to phases of emerging adulthood to end of life. We will utilize a psychoanalytic perspective to explore the intrapsychic and interpersonal developmental tasks common to adulthood. We will consider differing theoretical perspectives using classic and more recent readings. Relevant clinical material will be presented, and there will be ample opportunity for discussion.

Part II is open to those who have completed Part I of the Life Cycle series.

Course Syllabus: [Psychological Development Across the Life Cycle 2](#)

Training Program Credit: Students who successfully complete this course can earn credit in the psychoanalytic psychotherapy and psychoanalysis training programs.

Continuing Education Credit: At the end of the course, participants must complete the evaluation form to receive continuing education credit. The instructors have signed a financial disclosure form and have no relevant financial relationships with ineligible companies to disclose. In order to qualify for Category A credits, Psychologists must fully attend every session (per APA guidelines).

About the Instructor:

Kate Leslie, MSW, LCSW, is a licensed clinical social worker, originally from Atlanta, GA. She received her Honors BA in Modern Culture and Media (Semiotics) from Brown University in Providence, Rhode Island in 2001 where she focused on post-colonial literature and politics. Kate received her MSW from Smith College School for Social Work in Northampton, MA.

She received a post-masters training fellowship at the McAuley Institute at St. Mary's Hospital in San Francisco, a psychiatric inpatient unit for adolescents, staffed with training analysts from the San Francisco Center for Psychoanalysis, with Terrence Owens, PhD, Paul Williams, PhD, and training from Mary Target, PhD.

After moving to North Carolina with her family, she became affiliated with PCC through Smith Alumni. She is a member of the AAPCSW and is the Smith School for Social Work regional alumni rep for Colorado. She currently is in private practice in Boulder, CO.

Email: kateleslielcsw@gmail.com

Registration and Tuition Deadline is December 21, 2025.

Tuition

PCC Matriculated Students: **\$525**

Graduate Students and Residents: **\$665**

All others: **\$730**

Registration Fee: \$25 per term (Matriculated Students are exempt from registration fee).

Payment plans can be arranged with the Business Manager, [Lisa Long](#).

[Course Cancellation Policy](#)

[Register Here](#)

Course Learning Objectives

Class participants will be able to:

1. Describe the significant developmental tasks of early, middle, and late adolescence.
2. Understand how multiple psychoanalytic theories view the tasks of adolescence.
3. Evaluate and understand destructive self-states, as they relate to adolescent development, separation-individuation, and biological changes.
4. Utilize psychoanalytic theories of development to understand where disruptions have occurred, in the presentation of adolescents' psychopathology.
5. Understand the importance of culture and society and their influence on adolescent identity development.
6. Evaluate and understand adolescent sexual development, separation-individuation, and biological changes
7. Describe the important psychological differences and developmental tasks between adolescence and adulthood.
8. Describe the developmental tasks of adulthood via psychoanalytic theories and how adaptations to these may impact personal growth.
9. Describe the psychological and developmental needs of partnership, parenthood, professional identity, midlife, and death.
10. Describe how unresolved conflicts impact late stages of life as well as death and dying.

Confidentiality Statement: All case material will be carefully disguised. We ask that participants agree to hold all material presented with the utmost care, following ethical and professional guidelines.

Course Participants agree to review and abide to the following:

[Professional and Ethical Guidelines for the Classroom](#)

Accommodation Statement: To request an accommodation for this program, please get in touch with the Administrator at Kayla@CarolinaPsychoanalytic.org by two weeks before the start date.

CE & CME Disclosures:

The Psychoanalytic Center of the Carolinas has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6518. Programs that do not qualify for NBCC credit are clearly identified. The Psychoanalytic Center of the Carolinas is solely responsible for all aspects of the program.

The Psychoanalytic Center of the Carolinas is approved by the American Psychological Association to sponsor continuing education for psychologists. The Psychoanalytic Center of the Carolinas maintains responsibility for this program and its content.

Social workers will receive a letter of attendance documenting their hours of continuing education. This certificate may not be acceptable verification in all states.

ACCME Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Psychoanalytic Association and the Psychoanalytic Center of the Carolinas. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

AMA Credit Designation Statement

The American Psychoanalytic Association designates this live activity for a maximum of 24 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure Statement

The APsA CE Committee has reviewed the materials for accredited continuing education and has determined that this activity is not related to the product line of ineligible companies and therefore, the activity meets the exception outlined in Standard 3: ACCME's identification, mitigation and disclosure of relevant financial relationship. This activity does not have any known commercial support.

Contact: Kayla@CarolinaPsychoanalytic.org

Kayla Schilke, Training and Education Program Manager

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