



203B - Intersubjectivity and Relational Psychoanalysis

Instructors: Heather Craige, MSW, LCSW, and Liz Liepold, MSW, LCSW

Meeting Dates: Tuesdays

March 17, 2026 through May 12, 2026

(No class on March 31)

Time: 5:30 PM-7:00 PM Eastern

Location: Zoom/Virtual

of Credit hours: CME Credits: 12/ CE: 12 clock hours/ NBCC: 12 clock hours /All others: Letter of Attendance

Target Audience: This course is for mental health professionals at the beginning or intermediate level.

Prerequisites: Students will need a basic exposure to and understanding of psychoanalytic theory and its application to the treatment of patients. Applicants can meet this requirement through previous coursework, training, or supervision (e.g., Thinking Psychoanalytically: The Basics/Foundations of Psychoanalysis (101); other psychoanalytic coursework, or supervision in graduate school, residency, or post-graduation). Applicants who don't meet this requirement may request permission of the instructors, *prior to registering* for the course.

Format: This online class will combine lecture and seminar formats. PCC courses include group discussions, which require participants to read and synthesize the materials presented. PCC faculty ensure that gaps in knowledge are addressed. Each week, students will be asked to read approximately 50 pages and to complete a short homework assignment. Students must be currently engaged in clinical practice and willing to share anonymized case material in small groups. Starting one week before class begins, and for the duration of the course, students are advised to check email daily for important information from the instructors.

Description: Relational approaches emphasize the ways in which early relationships shape the human mind and how the personalities of therapist and patient influence each other. Relational approaches shift our understanding and the ways we work with resistance, transference, countertransference, and therapeutic impasses. The relational literature is vast—we will use Steven Kuchuck's recent book, *The Relational Revolution in Psychoanalysis and Psychotherapy*, as a text supplemented with seminal articles by major contributors on attachment, intersubjectivity, and self-states. Phenomena including the analytic third, enactment, dissociation, attachment style, analytic love, and the role of self-disclosure will be considered. Students will be asked to hold in mind a "difficult to reach" client as we apply relational concepts to working with developmental trauma.

Course Syllabus: [Intersubjectivity and Relational Psychoanalysis](#)

Required Texts to Purchase:

Students are asked to purchase the following book and read Chapters 1&2 before the first class meeting:

Kuchuck, S. (2021). *The relational revolution in psychoanalysis and psychotherapy*. Confer Books.

Please refer to the syllabus for additional readings.

Reading Assignment and Student Information Sheet to be Completed Before the First Class:

Please read Chapters 1 & 2 in the Kuchuck book before the first class. The Belkin article, which is also to be read before the first class, will be provided one week before the course begins. You will be asked to complete a Student Information Sheet and return it by email no later than Saturday, March 14. Please check your email daily during the week before class begins.

Training Program Credit: Students who successfully complete this course can earn credit in the psychoanalytic psychotherapy and psychoanalysis training program. Students will not receive training credit if they miss more than 1 class session.

Continuing Education Credit: At the end of the course, participants must complete the evaluation form to receive continuing education credit. The instructors have signed a financial disclosure form and have no relevant financial relationships with ineligible companies to disclose. The number of CE credits received is based on the number of course hours attended. In order to qualify for Category A credits, Psychologists must fully attend every session (per APA guidelines).

About the Instructors:

Heather Craige, MSW, LCSW, is a clinical social worker and psychoanalyst who is retired from clinical practice. During the past 45 years, she has developed a particular interest in using object relations, attachment, self-state, and relational approaches to treat adult survivors of chronic childhood trauma. Heather is a graduate in adult psychoanalysis from the UNC-Duke Psychoanalytic Education Program, now a component of the Psychoanalytic Center of the Carolinas (PCC). She has published articles on the subjects of termination and self-state theory in the *Journal of the American Psychoanalytic Association*, *Psychoanalytic Dialogues*, and *Psychoanalytic Inquiry*. Heather has served in a variety of roles in the psychoanalytic community, including Board Chair of the NC Psychoanalytic Foundation, and is a Training and Supervising Analyst for the PCC. She led the team that brings Circle of Security Parenting facilitator training to North Carolina from 2016 to 2021. Heather was honored with the Edith Sabshin Award for Teaching from the American Psychoanalytic Association in 2025.

Email: heathercraige@gmail.com

Liz Liepold, MSW, LCSW, is a clinical social worker in private practice in Chapel Hill. Trained at Smith College, The New School, The Gunderson Personality Disorders Institute, and PCC. She has presented on attachment disturbances, mentalization, and the permutations of PTSD, embodiment, and psychosis. Liz is the past chair of PCC's Anti-Racism Task Force and co-chair of the NC Chapter of the American Association for Psychoanalysis in Clinical Social Work. In addition to her ongoing training in psychoanalysis, Liz is trained in mentalization-based treatment for personality disorders (MBT), Somatic Experiencing, and Eye Movement Desensitization and Reprocessing (EMDR). As a clinical social worker, her practice draws from intersectional, queer, and feminist social theories to expand her understanding of social contexts, such as late capitalism, racism, transphobia, and other -isms, as they emerge in the clinical encounter.

Email: liz.louise.liepold@gmail.com

Registration and Tuition Deadline is December 21, 2025.

Tuition

PCC Matriculated Students: **\$265**
Graduate Students and Residents: **\$335**
All others: **\$365**

Registration Fee: \$25 per term (Matriculated Students are exempt from registration fee).

Payment plans can be arranged with the Business Manager, [Lisa Long](#).

[Course Cancellation Policy](#)

[Register Here](#)

Course Learning Objectives

Class participants will be able to:

1. Describe what is meant by the relational turn in contemporary American psychoanalysis.
2. Identify characteristics of helpful and unhelpful self-disclosure through a relational lens.
3. Describe what is meant by psychoanalytic intersubjectivity and the concept of the analytic third.
4. Describe how trauma produces dissociative phenomena and explain what is happening in the mind of a person who dissociates in terms of self-state theory.
5. Discuss the meaning of the term enactment and how the therapist might view his/her own role in an enactment through a relational lens.
6. Explain the relevance of attachment styles to the understanding of transference and defense in an analytic treatment.
7. Discuss an example of a racial enactment and its repair within a relational treatment.
8. Explain the concepts of analytic love, asymmetry, and mutuality in relational psychoanalytic theory.

Confidentiality Statement: All case material will be carefully disguised. We ask that participants agree to hold all material presented with the utmost care, following ethical and professional guidelines.

Course Participants agree to review and abide to the following:

[Professional and Ethical Guidelines for the Classroom](#)

Accommodation Statement: To request an accommodation for this program, please get in touch with the Administrator at Kayla@CarolinaPsychoanalytic.org by two weeks before the start date.

CE & CME Disclosures:

The Psychoanalytic Center of the Carolinas has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6518. Programs that do not qualify for NBCC credit are clearly identified. The Psychoanalytic Center of the Carolinas is solely responsible for all aspects of the program.

The Psychoanalytic Center of the Carolinas is approved by the American Psychological Association to sponsor continuing education for psychologists. The Psychoanalytic Center of the Carolinas maintains responsibility for this program and its content.

Social workers will receive a letter of attendance documenting their hours of continuing education. This certificate may not be acceptable verification in all states.

ACCME Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Psychoanalytic Association and the Psychoanalytic Center of the Carolinas. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

AMA Credit Designation Statement

The American Psychoanalytic Association designates this live activity for a maximum of 12 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure Statement

The APsA CE Committee has reviewed the materials for accredited continuing education and has determined that this activity is not related to the product line of ineligible companies and therefore, the activity meets the exception outlined in Standard 3: ACCME's identification, mitigation and disclosure of relevant financial relationship. This activity does not have any known commercial support.

Contact: Kayla@CarolinaPsychoanalytic.org

Kayla Schilke, Training and Education Program Manager

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