

925 (Elective) Psychoanalytic Psychotherapy Case Consultation

Instructor: Kris Evans, MSSW, LICSW

Meeting Dates: Wednesdays, 2025: 8/27, 9/10, 9/24, 10/8, 10/22, 11/5, 11/19, 12/3 (12/17 reserved as potential make up session) Time: 7:00PM-8:30PM Eastern

(Time and Dates Subject to Change) **Location:** Zoom/Virtual

of Credit hours: CME Credits: 12 hours / APA CE: 12 clock hours / NBCC: 12 clock hours / All others: Letter of Attendance

Target Audience: Psychoanalytic psychotherapy clinicians and early career or licensed mental health professionals with at least a basic familiarity with psychodynamic theory and practice. Introductory to Intermediate. This course will be limited to **13 participants**.

Format: 90-minute case discussions meeting twice a month.

Prerequisites: Students should have completed an Introduction to Psychoanalysis course, or equivalent. If needing permission to take the course, please reach out to the instructor *prior* to registering.

Contact: Kris Evans

Description: This 8-week case conference provides a forum for in-depth exploration of clinical processes through the lens of contemporary psychodynamic theory. Participants will present ongoing psychotherapy cases for discussion, receiving feedback grounded in clinical technique, transference/countertransference dynamics, and psychoanalytic theoretical conceptualization. Readings will support clinical discussion, emphasizing key concepts such as unconscious communication, defensive/protective processes, transference/countertransference dynamics, enactment, and therapeutic action.

Course Syllabus: PPT Case Conference

Training Program Credit: Students who successfully complete this course can earn elective credit in the training programs that require elective hours.

Continuing Education Credit: At the end of the course, participants must complete the evaluation form to receive continuing education credit. To earn Cat. A credits, Psychologists must fully attend every session. The instructor(s) have no relevant financial relationships with ineligible companies to disclose.

About the Instructor:

Kris Evans, MSSW, LICSW, is the Dean of Students and Executive Director of the Schacht Center for Health and Wellness at Smith College. Her clinical interests include working with adolescents and young adults to address sexual abuse as well as developmental and relational trauma. She has held several teaching appointments at graduate schools and psychoanalytic institutes emphasizing psychodynamic approaches to clinical work, human development, and clinical supervision. Contemporary psychodynamic, trauma theories, and critical psychology inform her clinical and educational work.

Registration and Tuition Deadline is August 5, 2025.

Tuition

PCC Matriculated Students: \$265
Graduate Students and Residents: \$335

All others: \$365

Registration Fee: \$25 per term (Matriculated Students are exempt from registration fee).

Payment plans can be arranged with the Business Manager, Lisa Long.

Course Cancellation Policy

Register Here

Course Learning Objectives

Class participants will be able to:

- 1. Apply psychodynamic formulations to guide treatment planning and intervention, including how early developmental experiences shape current relational patterns.
- 2. Recognize and explore the ethical dimensions of psychodynamic psychotherapy, including boundary management, enactments, and therapist self-disclosure.
- 3. Identify cultural, racial, and social dimensions in transference and countertransference and integrate a culturally attuned psychodynamic lens.
- 4. Practice articulating and tolerating uncertainty and ambiguity in the clinical process, especially in moments of therapeutic rupture or impasse.
- 5. Analyze moment-to-moment clinical process and therapeutic interventions with attention to unconscious communication.
- 6. Use process notes and session transcripts to identify micro-processes in the therapeutic encounter, such as shifts in affect, enactment, or unspoken communications.

- 7. Reflect on one's subjectivity/countertransference as both a clinical instrument and a site of potential challenge, fostering greater awareness of one's internal responses, their meanings, and what 'use of self' means given one's unique history and identity.
- 8. Offer and receive collegial feedback on psychodynamic case material in a reflective and non-defensive manner.
- 9. Think psychoanalytically in real time, making moment-to-moment interventions that align with unconscious dynamics.

Confidentiality Statement: All case material will be carefully disguised. We ask that participants agree to hold all material presented with the utmost care, following ethical and professional guidelines.

Course Participants agree to review and abide to the following: *Professional and Ethical Guidelines for the Classroom*

Accommodation Statement: To request an accommodation for this program, please contact the Administrator at **Kayla@CarolinaPsychoanalytic.org by** two weeks before the start date.

CE & CME Disclosures:

The Psychoanalytic Center of the Carolinas has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6518. Programs that do not qualify for NBCC credit are clearly identified. The Psychoanalytic Center of the Carolinas is solely responsible for all aspects of the program.

The Psychoanalytic Center of the Carolinas is approved by the American Psychological Association to sponsor continuing education for psychologists. The Psychoanalytic Center of the Carolinas maintains responsibility for this program and its content.

Social workers will receive a letter of attendance documenting their hours of continuing education. This certificate may not be acceptable verification in all states.

ACCME Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Psychoanalytic Association and the Psychoanalytic Center of the Carolinas. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

AMA Credit Designation Statement

The American Psychoanalytic Association designates this live activity for a maximum of 12 AMA PRA Category 1 Credit(s) $^{\text{TM}}$. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure Statement

The APsA CE Committee has reviewed the materials for accredited continuing education and has determined that this activity is not related to the product line of ineligible companies and therefore, the activity meets the exception outlined in Standard 3: ACCME's identification, mitigation and disclosure of relevant financial relationship. This activity does not have any known commercial support.

Contact: Kayla@CarolinaPsychoanalytic.org

Kayla Schilke, Training and Education Program Manager

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