



Psychoanalytic Center
of the Carolinas

924 (Elective)

Living Blackness in America: Psychodynamic Perspectives of the Black Experience

Instructor: Huey Hawkins, Jr., PhD, LCSW

Antoinette Calabria Guest Lecturer in Psychoanalysis

Meeting Dates: Thursdays Evenings

2025: Aug. 21, Sept. 4, Sept. 18, Oct. 2, Oct. 23, Nov. 6, Nov. 20, Dec. 4

Time: 7:00PM-9:00PM Eastern

(Time and Dates Subject to Change)

Location: Zoom/Virtual

of Credit hours: CME Credits: 16 hours / APA Category A CE: 16 clock hours / NBCC: 16 clock hours / All others: Letter of Attendance

Target Audience: This course is designed for beginning clinicians, psychoanalytic clinicians, and graduate students interested in mental health, particularly psychoanalytic approaches, and in working therapeutically with Black Americans. Enrollment will be limited to 12 seats.

Prerequisites:

Students should have a foundational understanding of psychoanalytic theory and its application in patient treatment. Applicants can fulfill this requirement through prior coursework, training, or supervision. Those who do not meet this requirement may still enroll in the course with the instructor's permission.

Contact: [Huey Hawkins, Jr., PhD, LCSW](#)

Before starting the course, all registrants are requested to read the following papers:

Wright, J. (2012). The five hundred year history of African Americans. In, *The African American experience* (pp. 3-58). Jason Aronson.

Dalal, F. (2006). Racism: Processes of detachment, dehumanization, and hatred. *The Psychoanalytic Quarterly*, 75(1), 131-161.

Description:

This course examines the complex and subjective experiences of living as a Black individual in the United States. Utilizing a psychodynamic framework, Dr. Hawkins will use weekly themes to explore the multifaceted nature of Black identity, including race as a construction, historical context, racial socialization, gendered Blackness, queering Blackness, classism, and transcendence. Dr. Hawkins will pair rich autobiographical narratives, films, and television series with theoretical and psychoanalytic literature to encourage deep reflection and critical analysis of the dynamic aspects of each case. **Psychotherapists at all levels of experience will have the opportunity to engage with the materials on a personal level.**

Course Syllabus: [Living Blackness in America](#)

Training Program Credit: Students who successfully complete this course can earn elective credit in the training programs that require elective hours.

Continuing Education Credit: At the end of the course, participants must complete the evaluation form to receive continuing education credit. The instructor(s) have no relevant financial relationships with ineligible companies to disclose.

About the Instructor:

Dr. Huey Hawkins, Jr., LCSW, is a psychodynamic psychotherapist in private practice. He earned his doctorate in clinical social work from the Institute for Clinical Social Work, where his research and clinical interests focused on the intersection of culture, race, and the mind. His dissertation, which has been published as a journal article, explored the unconscious messages of endangerment that mothers may convey to their African American sons.

Dr. Hawkins is a faculty member at the Institute for Clinical Social Work and serves as a full-time Faculty Lecturer at the University of Oklahoma School for Social Work. He has lectured across the country on topics related to race, racial socialization, and the blend of clinical social work and psychoanalysis. In addition to his faculty roles, he is a teaching member of the Sue Fairbanks Psychoanalytic Social Work Practice Certificate Program at the University of Texas and an adjunct professor at the Smith College School for Social Work.

He also holds the position of Director of Clinical Services at the Center for Advanced Mental Health Practice in Mississippi and serves as the Director of the Millicent Pitts Counseling Center in California.

Scholarships

There are a limited number of scholarship seats available for clinicians in NC and SC to take a Calabria elective with the PCC. Scholarships for this course will be prioritized for those wanting to work with BIPOC clients, especially clients of African ancestry, and those working in community-based and non-profit settings. If you are interested in applying for a scholarship, please complete the [following Google Form](#) by **July 8, 2025**. Seats can fill up quickly, so be sure to submit your application as soon as possible if wanting to be considered for a scholarship.

Registration and Tuition Deadline is August 5, 2025

Tuition

PCC Matriculated Students: **\$350**

Graduate Students and Residents: **\$450**

All others: **\$490**

Registration Fee: \$25 per term (Matriculated Students are exempt from registration fee).

Payment plans can be arranged with the Business Manager, [Lisa Long](#).

[Course Cancellation Policy](#)

[Register Here](#)

Course Learning Objectives

Class participants will be able to:

1. To critically analyze the intersection of psychodynamic theory and lived experiences of Black Americans.
2. To explore historical and contemporary representations of Black identity and experience.
3. To foster an empathetic understanding of race, identity, and the psychosocial impacts of systemic oppression.
4. Students will analyze the subjective experiences associated with embodying a black identity and navigating various aspects of life within that context.
5. Students will investigate the psychological effects of transgenerational trauma on Black Americans, focusing on how historical injustices, discrimination, and cultural disruptions have been passed down through generations.
6. Students will analyze the ways in which race affects the development of personal identity, considering factors such as cultural background, societal expectations, and individual experiences.
7. Students will investigate the roles of family, community, and media in shaping perceptions of race, as well as the impact of these socialization practices on mental health and social interactions.
8. Students will engage in an in-depth exploration of the ways in which gender dynamics influence and shape the development of Black identity. This examination will include discussions on the intersectionality of race and gender, the historical context of these interactions, and their impact on personal and collective identities within the Black community.
9. Students will explore the diverse experiences and perspectives within the Black community, considering how factors such as culture, history, and societal expectations intersect with gender roles.
10. Students will examine the historical and contemporary contexts that influence the intersections of class, social status, and Black identity, fostering a deeper understanding of social dynamics and inequalities.
11. Students will examine the concept of transcendence and explore how it functions as a compelling narrative that embodies resilience, shapes identity, and fuels the ongoing quest for liberation.

Confidentiality Statement: All case material will be carefully disguised. We ask that participants agree to hold all material presented with the utmost care, following ethical and professional guidelines.

Course Participants agree to review and abide to the following:

[Professional and Ethical Guidelines for the Classroom](#)

Accommodation Statement: To request an accommodation for this program, please contact the Administrator at Kayla@CarolinaPsychoanalytic.org by two weeks before the start date.

CE & CME Disclosures:

The Psychoanalytic Center of the Carolinas has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6518. Programs that do not qualify for NBCC credit are clearly identified. The Psychoanalytic Center of the Carolinas is solely responsible for all aspects of the program.

The Psychoanalytic Center of the Carolinas is approved by the American Psychological Association to sponsor continuing education for psychologists. The Psychoanalytic Center of the Carolinas maintains responsibility for this program and its content.

Social workers will receive a letter of attendance documenting their hours of continuing education. This certificate may not be acceptable verification in all states.

ACCME Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Psychoanalytic Association and the Psychoanalytic Center of the Carolinas. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

AMA Credit Designation Statement

The American Psychoanalytic Association designates this live activity for a maximum of 16 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure Statement

The APsA CE Committee has reviewed the materials for accredited continuing education and has determined that this activity is not related to the product line of ineligible companies and therefore, the activity meets the exception outlined in Standard 3: ACCME's identification, mitigation and disclosure of relevant financial relationship. This activity does not have any known commercial support.

Contact: Kayla@CarolinaPsychoanalytic.org

Kayla Schilke, Training and Education Program Manager

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101 Cloister Court, Suite A | Chapel Hill, NC 275614

Phone: 919.490.3212 | Fax: 877.897.4034 | www.CarolinaPsychoanalytic.org

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