



Psychoanalytic Center
of the Carolinas

402 – Interpretation and Working Through

Instructor: Michelle Kwintner, PhD, LCSW

Meeting Dates: Tuesdays – August 19, 2025, through October 14, 2025

No class on September 23

Time: 7:10PM-8:40PM Eastern

Location: Zoom/Virtual

of Credit hours: APA Category A CE: 12 clock hours / NBCC: 12 clock hours / All others: Letter of Attendance

Target Audience: This course is appropriate for intermediate through advanced students

Prerequisites: Students will need a basic exposure to and understanding of psychoanalytic theory and its application to the treatment of patients. This class is open to matriculated Psychoanalytic candidates in the Adult or Adult/Child-combined tracks who have completed nearly all of the Core Curriculum, which must include having completed the Life Cycle courses. Psychoanalytic Psychotherapy students, and graduates, who have completed the Core Curriculum and have at least one intensive case may also take this class. Other interested students must have the permission of the instructor. If applicable, please contact the instructor to gain permission *before* registering for courses.

Contact: [Michelle Kwintner, PhD](#)

Format: This class will combine lecture and seminar formats; student participation is required. PCC courses include small group discussions which require participants to read and synthesize the materials presented. Michelle Kwintner will help by providing background and context to deepen the learning process.

Description: Psychoanalysts work to develop their mastery of analytic interventions. Interpretation and working through are processes vital to psychoanalytic work. Students will study these concepts and their evolution and then apply them to clinical situations. The instructor plans to do some lecturing, but the overall format of the course is a seminar with discussion. Dr. Kwintner will invite participants to bring thoughts and questions about the readings, to share clinical examples that the readings may bring to mind, and to offer any associations at all that will help the class as a group to play with the concepts and to elaborate upon the ideas in the papers. We will discuss challenges and considerations in applying the concepts we are studying to varying clinical situations.

Course Syllabus: [Interpretation & Working Through](#)

Training Program Credit: Students who successfully complete this course can earn credit in the psychoanalysis Adult or Adult/Child combined training programs.

Continuing Education Credit: At the end of the course, participants must complete the evaluation form to receive continuing education credit. The instructor(s) have no relevant financial relationships with ineligible companies to disclose. CME hours are not offered to physician learners for this course.

About the Instructor:

Michelle Kwintner, PhD (Classics), LCSW (NY), was an early student of Bill Meyer and Harold Kudler in the Basics course during 1999-2000. She completed her psychoanalytic training at the International Institute for Psychoanalytic Training (IIPT) based in Bethesda, Maryland. Michelle has taught in several programs at International Psychotherapy Institute (IPI) with a theoretical perspective based on (but not limited to) Object Relations Theory. She is a consulting editor for *Psychoanalytic Social Work* and maintains an interest in Community Mental Health, a topic she's published on. She is a member of APsA and of IPA. As a member of IPA's Teleanalysis Working Group she presented papers at the IPA Pre-congress. She practices psychoanalysis and psychotherapy with adults in Ithaca, NY, and offers consultation via Zoom.

Registration and Tuition Deadline is August 5, 2025

Tuition

PCC Matriculated Students: **\$265**

Graduate Students and Residents: **\$335**

All others: **\$365**

Registration Fee: \$25 per term (Matriculated Students are exempt from registration fee).

Payment plans can be arranged with the Business Manager, [Lisa Long](#).

[Course Cancellation Policy](#)

[Register Here](#)

Course Learning Objectives

Class participants will be able to:

1. At the end of this seminar, participants will be able to describe and articulate Freud's ideas about remembering, repeating, and working through in everyday life and in clinical processes.
2. At the end of this seminar, participants will be able to name at least two of Loewald's ideas about therapeutic action and apply them to a clinical example.
3. At the end of this seminar, participants will summarize Pick's and Davids's ideas about the analyst's emotional responses in sessions and link them to a clinical example.
4. At the end of this seminar, participants will be able to identify countertransference enactments as an element of working through.
5. At the end of this seminar, participants will discuss and consider Schwaber's outlook and contribution to the struggle to listen and link those ideas to how one interprets.

6. At the end of this seminar, participants will be able to compare different types and levels of interpretation.
7. At the end of this seminar, participants will describe special problems in interpretation with traumatized patients and/or during times of chronic crises.
8. At the end of this seminar, participants will be able to describe Ferro's concept of characters in the field and discuss how this concept might impact their technique.

Confidentiality Statement: All case material will be carefully disguised. We ask that participants agree to hold all material presented with the utmost care, following ethical and professional guidelines.

Course Participants agree to review and abide to the following:

[Professional and Ethical Guidelines for the Classroom](#)

Accommodation Statement: To request an accommodation for this program, please contact the Administrator at Kayla@CarolinaPsychoanalytic.org by two weeks before the start date.

Continuing Education Disclosures:

The Psychoanalytic Center of the Carolinas has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6518. Programs that do not qualify for NBCC credit are clearly identified. The Psychoanalytic Center of the Carolinas is solely responsible for all aspects of the program.

The Psychoanalytic Center of the Carolinas is approved by the American Psychological Association to sponsor continuing education for psychologists. The Psychoanalytic Center of the Carolinas maintains responsibility for this program and its content.

Social workers will receive a letter of attendance documenting their hours of continuing education. This certificate may not be acceptable verification in all states.

Contact: Kayla@CarolinaPsychoanalytic.org

Kayla Schilke, Training and Education Program Manager

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