



## **206– Psychological Development Across the Life Cycle, Part 1**

### **Infancy to Latency**

**Instructor:** Sydney Anderson, PhD

**Meeting Dates:** Tuesdays – August 19, 2025, through December 16, 2025

(No class on 9/16 and 9/23)

**Time:** 5:30PM-7:00PM Eastern

**Location:** Zoom/Virtual

**# of Credit hours:** CME Credits: 24 / CE: 24 clock hours/ NBCC: 24 clock hours / All others: Letter of Attendance

**Target Audience:** This course is intended for clinicians at the beginning to intermediate levels.

**Prerequisites:** This class is open to non-matriculated students and is required for matriculated students in the Adult, Adult/Child, or Child-Focused Psychoanalytic and Psychoanalytic Psychotherapy programs. Non-matriculated students will need a basic exposure to and understanding of psychoanalytic theory and its application to the treatment of patients.

Applicants can meet this requirement through previous psychoanalytic coursework, training, or supervision (e.g., Thinking Psychoanalytically: The Basics; the Introductory Courses).

Applicants who do not meet these requirements can register for the course with the permission of the instructor.

If applicable, please contact the instructor *before* registering for courses.

Contact: [Sydney Anderson, PhD](#)

**Format:** This class will combine didactic teaching with group discussion of the concepts and of relevant clinical material. All PCC courses include small group discussions which require participants to read and synthesize the materials presented.

**Description:** This course will start with an overview of the concept of development and a review of the major psychoanalytic developmental theories. Following this overview, the course will focus on psychoanalytic understandings of early childhood and the latency phase and link them to adult functioning and pathology. Finally, the course will include discussion of special topics such as superego development and gender identity.

*Part 2*, in the spring of 2026, will be a 16-week course that will continue the study from pre-adolescence through adulthood, to the developmental concerns of the end of life. Part 2 is open to students who completed Part 1.

**Course Syllabus:** [Psychological Development Across the Life Cycle, Part 1](#)

### **Required Texts; Students should purchase:**

Gilmore, K. J., & Meersand, P. (2014). *Normal child and adolescent development: A psychodynamic primer*. American Psychiatric Publishing, Inc.

Tyson, P. and Tyson, R. (1990). *Psychoanalytic theories of development*. Yale University Press.

**Training Program Credit:** Students who complete this course can earn credit in the psychoanalytic psychotherapy or psychoanalysis training programs.

**Continuing Education Credit:** At the end of the course, participants must complete the evaluation form to receive continuing education credit. Psychologists must fully attend all sessions to earn Category A credits. The instructor(s) have no relevant financial relationships with ineligible companies to disclose.

### **About the Instructor:**

**Sydney Anderson, PhD**, is a child and adult psychoanalyst who trained at the Cincinnati Psychoanalytic Institute. She is an Adult Training Analyst and a Child and Adult Supervising Analyst.

***Registration and Tuition Deadline is August 5, 2025.***

### **Tuition**

PCC Matriculated Students: **\$525**

Graduate Students and Residents: **\$665**

All others: **\$730**

*Registration Fee: \$25 per term (Matriculated Students are exempt from registration fee).*

*Payment plans can be arranged with the [Business Manager](#).*

**[Register Here](#)**

### **Course Learning Objectives**

Class participants will be able to:

1. Explain two ways in which the study of development is relevant to clinicians working psychodynamically and psychoanalytically with adult patients.
2. Discuss the relationship between the genetic and the developmental points of view.

3. Describe one clinical indicator of Oedipal functioning and one clinical indicator of Preoedipal functioning in an adult patient
4. Explain the treatment implications of neurotic vs. borderline developmental functioning.
5. Describe two examples of primary defensive processes commonly encountered in psychoanalytic work with adults.
6. Explain two developmental factors that interfere with the capacity for object constancy.
7. Describe two clinical manifestations of difficulty or impairment in the development of self-cohesiveness.
8. Describe two intrapsychic developments that typically occur during the infancy and toddler years
9. Describe two indications of developmental delay during the preschool years.
10. Describe two contrasting psychoanalytic viewpoints on the concept of a latency phase of development and the implications of the views for adult psychoanalysis
11. Describe a manifestation of superego development in childhood and in adulthood.
12. Describe two types of pathology related to difficulties with superego development.
13. Explain two psychological factors contributing to gender development.
14. Describe the relationship between the psychoanalytic concepts of identification and gender identity.
15. Explain two intrapsychic factors that contributed to Hans' phobia.
16. Discuss ways in which cultural norms can influence understanding of ideas about developmental normality and abnormality.

**Confidentiality Statement:** All case material will be carefully disguised. We ask that participants agree to hold all material presented with the utmost care, following ethical and professional guidelines.

**Accommodation Statement:** To request an accommodation for this program, please get in touch with the Administrator at [Kayla@CarolinaPsychoanalytic.org](mailto:Kayla@CarolinaPsychoanalytic.org) no later than two weeks before the start date.

**CE & CME Disclosures:**

The Psychoanalytic Center of the Carolinas has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6518. Programs that do not qualify for NBCC credit are clearly identified. The Psychoanalytic Center of the Carolinas is solely responsible for all aspects of the program.

The Psychoanalytic Center of the Carolinas is approved by the American Psychological Association to sponsor continuing education for psychologists. The Psychoanalytic Center of the Carolinas maintains responsibility for this program and its content.

Social workers will receive a letter of attendance documenting their hours of continuing education. This certificate may not be acceptable verification in all states.

**ACCME Accreditation Statement**

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Psychoanalytic Association and the Psychoanalytic Center of the Carolinas. The American Psychoanalytic Association is accredited by the ACCME to provide continuing

medical education for physicians.

**AMA Credit Designation Statement**

The American Psychoanalytic Association designates this live activity for a maximum of 24 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Disclosure Statement**

The APsA CE Committee has reviewed the materials for accredited continuing education and has determined that this activity is not related to the product line of ineligible companies and therefore, the activity meets the exception outlined in Standard 3: ACCME's identification, mitigation and disclosure of relevant financial relationship. This activity does not have any known commercial support.

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**Contact:** [Kayla@CarolinaPsychoanalytic.org](mailto:Kayla@CarolinaPsychoanalytic.org)

Kayla Schilke, Training and Education Program Manager

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101 Cloister Court, Suite A | Chapel Hill, NC 275614

Phone: 919.490.3212 | Fax: 877.897.4034 | [www.CarolinaPsychoanalytic.org](http://www.CarolinaPsychoanalytic.org)

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