



## 202B – Object Relations

**Instructors:** Felecia Powell-Williams, EdD, and Kate Leslie, LCSW

**Meeting Dates:** Tuesdays – October 21, 2025 through December 9, 2025

**Time:** 7:10PM-8:40 PM Eastern

**Location:** Zoom/Virtual

**# of Credit hours:** CME Credits: 12 hours / APA CE: 12 clock hours / NBCC: 12 clock hours / All others: Letter of Attendance

**Target Audience:** This course is intended for clinicians at the beginning to intermediate levels.

**Prerequisites:** Students will need a basic exposure to and understanding of psychoanalytic theory and its application to the treatment of patients. Applicants can meet this requirement through previous coursework, training, or supervision (e.g., Thinking Psychoanalytically: The Basics; the PPSC Introductory Course; Fundamentals of Psychoanalysis; psychoanalytic coursework or supervision in graduate school/residency or post-graduation).

Applicants who don't meet this requirement can register for the course with the permission of the instructor. If needing permission, please contact the instructor(s) directly for approval *before* registering.

Contact: [Felecia Powell-Williams, EdD](#), and [Kate Leslie, MSW](#)

**Format:** This class will combine lecture and seminar formats; student participation is encouraged. All PCC courses include small group discussions which require participants to read and synthesize the materials presented. PCC faculty ensure that gaps in knowledge are addressed.

**Description:** Object Relations is the second of a four-part series that provides an introduction to the major phases of development in psychoanalytic theory from its origins to the present. Object Relations is an 8-session course that focuses on psychoanalytic theories originating in early object relations.

This course will focus on the clinical implications of the role of object relationships and internal objects in the understanding of the therapeutic frame, the content of analytic material, therapeutic interventions, and the nature of therapeutic change. We will read from the works of the Klein/Bion School, the works of the British Independent School including Fairbairn, Balint, and Winnicott, and the American Object Relations theorists including Kernberg, Gabbard, and Ogden. There will also be emphasis on the developmental models in psychoanalytic thought as applied to the individual and to society at large, including Relational Psychoanalysis.

Our aim in this seminar is to introduce the origins of a psychoanalytic approach emphasizing the phenomena of object relations, a group of approaches which encompasses a wide range of views. The course examines psychoanalytic discourse on clinical fundamentals as the Kleinian positions, transference, countertransference, projective identification, and the use of reverie in the therapeutic exchange. Readings and class discussions are geared to deepen the students' understanding of the relevance of the developmental model to the practice of therapy.

## Course Syllabus: [Object Relations](#)

**Training Program Credit:** Students who successfully complete this course can earn credit in both the psychoanalysis and psychoanalytic psychotherapy training programs. Students must complete course assignments and maintain 80% attendance to receive training program credit.

**Continuing Education Credit:** At the end of the course, participants must complete the evaluation form to receive continuing education credit. In order to qualify for Category A credits, Psychologists must fully attend every session (per APA guidelines).

The instructor(s) have no relevant financial relationships with ineligible companies to disclose.

### About the Instructors:

**Felecia Powell-Williams, EdD**, is a Licensed Professional Counselor–Supervisor. She completed her doctorate degree in Clinical Counseling. Dr. Powell-Williams is also a Child & Adolescent and Adult Psychoanalyst at the Center for Psychoanalytic Studies in Houston, Texas, where she also holds the positions of President of Board of Directors and faculty member in the Child and Adult Training Programs. Felecia provides clinical supervision for the State of Texas licensing board, as well as supervision as a Registered Play Therapist-Supervisor with the Association for Play Therapy. Along with maintaining a private practice, Felecia teaches on a collegiate level, and provides clinical consultation and professional training with many local, state and national organizations on recognizing the need for mental health services for children & adolescents, adults, and families.

**Kate Leslie, MSW, LCSW**, is a licensed clinical social worker, originally from Atlanta, GA. She received her Honors in Modern Culture and Media (Semiotics) from Brown University in Providence, Rhode Island in 2001, where she focused on post-colonial literature and politics. Kate received her MSW from Smith College, School for Social Work, in Northampton, MA. She received a post-masters training fellowship at the McAuley Institute at St. Mary's Hospital in San Francisco, a psychiatric inpatient unit for adolescents, staffed with training analysts from the San Francisco Center for Psychoanalysis, with Terrence Owens, PhD. After moving to North Carolina with her family, she became affiliated with PCC through Smith Alumni. She is a member of the AAPCSW and is the Smith School for Social Work regional alumni representative for Colorado. She currently is in private practice in Boulder, CO.

***Registration and Tuition Deadline is August 5, 2025.***

### Tuition

PCC Matriculated Students: **\$265**

Graduate Students and Residents: **\$335**

All others: **\$365**

*Registration Fee: \$25 per term (Matriculated Students are exempt from registration fee).*

Payment plans can be arranged with the Business Manager, [Lisa Long](#).

[Course Cancellation Policy](#)

[Register Here](#)

## Course Learning Objectives

Class participants will be able to:

1. Describe the early model of object relations. Analyze and apply the basic terms and phenomena of the object relations theory, such as internal psychic world and internal object relations.
2. Describe Klein's model of object relations as it relates to the paranoid/schizoid positions, projection/projective identification and the evolution of envy and gratitude.
3. Apply basic terms and phenomena of the object relations theory, to identity and identity development, cultural, and political context.
4. Discuss the importance of Bion's work in object relations (e.g., psychotic and non-psychotic personalities, theory of thinking, or the autistic-contiguous position).
5. Apply Winnicott's transitional phenomena, potential space, dream space, true/false selves and analytic space to one's clinical practice.
6. Compare and contrast the sufficiency of maternal availability for normal infant development in the theories of Klein and Winnicott.
7. Describe Fairbairn's conceptualization of object relations and how it relates to his ideas about therapeutic action.
8. Apply the basic object relations phenomena of the internal psychic world and internal object relations in the psychoanalytic dialogue.

**Confidentiality Statement:** All case material will be carefully disguised. We ask that participants agree to hold all material presented with the utmost care, following ethical and professional guidelines.

Course Participants agree to review and abide to the following:

[Professional and Ethical Guidelines for the Classroom](#)

**Accommodation Statement:** To request an accommodation for this program, please get in touch with the Administrator at [Kayla@CarolinaPsychoanalytic.org](mailto:Kayla@CarolinaPsychoanalytic.org) by two weeks before the start date.

## CE & CME Disclosures:

The Psychoanalytic Center of the Carolinas has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6518.

Programs that do not qualify for NBCC credit are clearly identified. The Psychoanalytic Center of the Carolinas is solely responsible for all aspects of the program.

The Psychoanalytic Center of the Carolinas is approved by the American Psychological Association to sponsor continuing education for psychologists. The Psychoanalytic Center of the Carolinas maintains responsibility for this program and its content.

Social workers will receive a letter of attendance documenting their hours of continuing education. This certificate may not be acceptable verification in all states.

**ACCME Accreditation Statement**

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Psychoanalytic Association and the Psychoanalytic Center of the Carolinas. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

**AMA Credit Designation Statement**

The American Psychoanalytic Association designates this live activity for a maximum of 12 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Disclosure Statement**

The APsA CE Committee has reviewed the materials for accredited continuing education and has determined that this activity is not related to the product line of ineligible companies and therefore, the activity meets the exception outlined in Standard 3: ACCME's identification, mitigation and disclosure of relevant financial relationship. This activity does not have any known commercial support.

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**Contact:** [Kayla@CarolinaPsychoanalytic.org](mailto:Kayla@CarolinaPsychoanalytic.org)

Kayla Schilke, Training and Education Program Manager

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