

Psychoanalytic Center of the Carolinas

Board of Directors

August 5, 2024

Minutes

Present: Jill Dunn (Pres), Harold Kudler (Past Pres), Dhipthi Brundage, Frank Heitmann, Josie Sawyer, Kendra Surmitis, Scott Warren, Vann Pearsall (Executive Director)

Absent: Tricia Wilson

Guest: Nick Horswill

- I. Welcome
 - a. Welcomed Nick Horswill – PCC’s new liaison to the Psychotherapy Action Network (PsiAN)
- II. Procedural Section
 - a. Minutes: The June minutes were approved with amendments
- III. Committee Updates were distributed with packet before the meeting
 - a. Updated Investment report
- IV. Old Business
 - a. The Referral Service work group– Josie Sawyer shared the report and recommendations for improving the service and making it more equitable, efficient and consistent.
 - i. The board endorsed the value of the referral system and applauded the work of the group
 - ii. Next steps:
 1. Define position duties and find person to serve as lead (work group)
 2. Draft web revisions and online form template (staff)
 - b. Listening Sessions –
 - i. Should the board consider a more focused session, i.e. Holmes Commission Town Hall?
 - ii. Discussion of the goal of these sessions – build relationships, talk about psychoanalytic community.
 - iii. Tabled for further discussion

V. New Business

- a. Frank Heitmann proposed a new diversity outreach program to invite students from Historically Black Colleges and Universities to study at PCC
 - i. Board endorsed proposal and asked Frank to continue exploratory conversations
- b. The Board agreed to sign on to a letter from PsiAN to the World Health Organization asking the WHO to include psychoanalytic psychotherapy in their new recommendations
 - i. Link:
<https://docs.google.com/forms/d/e/1FAIpQLScgCrAOJAINkGALcytcNRC58kRAnhZnrI Zstx-vbmHKFHqYHQ/viewform?pli=1>
- c. A new Grievance policy was presented for review to replace multiple existing policies and simplify the process.
 - i. A work group has been recruited to better define the informal process.
 - ii. Board members will send recommendations to Vann who will update the policy and bring it back to the Board in September

VI. Executive Director's Report

- a. Final pledge for gift to Peaceful Schools NC paid in July.
 - i. Christel Greiner Butchart, Director of Peaceful Schools, will provide an update at the October board meeting.
- b. Member's area on website under development for policies, minutes, handbooks, etc.
- c. Sept board meeting is on Labor Day – Vann will send a poll to set new date

VII. President Dunn would like to host some informal meetings to build relationships and will follow up with email with more details

VIII. Adjourned at 8:36 pm

Submitted by Vann Pearsall, Executive Director