



Psychoanalytic Center  
of the Carolinas

## 205 – Analytic Approach to Treatment, Part 2

**Instructor:** Donald Rosenblitt, MD

**Meeting Dates:** Tuesdays – January 14, 2025, through May 6, 2025  
(No class on March 11)

**Time:** 5:30PM-7:00PM Eastern

**Location:** Zoom/Virtual

**# of Credit hours:** CME Credits: 24 hours / APA Category A CE: 24 clock hours / NBCC: 24 clock hours / All others: Letter of Attendance

**Target Audience:** This course is intended for clinicians at the beginning to intermediate levels.

**Prerequisites:** Participants must have completed the PCC Course, (204) Analytic Approach to Treatment, Part 1 (or earlier versions of that course). Applicants who do not meet this requirement can register for the course with permission of the instructor. [Don Rosenblitt, MD](#).

This course will be capped at 18 students max.

Priority for admission will be given to the following: 1) matriculated students; 2) students with 2x weekly cases in supervision; 3) others with permission

**Format:** This class will combine group discussion with some didactic presentations from the instructor. Students will be encouraged to present vignettes of their own clinical material and to reflect on how the readings might apply to their clinical experiences. PCC faculty ensure that gaps in knowledge are addressed to the extent possible. Classes will include clinical material of both the instructors and the participants.

**Description:** This 16-session course is the second part of a yearlong sequence aimed at helping the psychoanalytic therapist conceptualize an intense therapeutic relationship that is at the core of the psychoanalytic process. As a process aimed at freeing the patient's inner life, psychoanalysis and psychoanalytic psychotherapy are distinguished from other therapies by the principle that has been termed the analytic attitude. This course is intended to deepen the student's understanding of the analytic attitude and how to use that attitude flexibly on behalf of a wide range of patients.

**Course Syllabus:** [AA to Tx Part 2](#)

**Training Program Credit:** Students who successfully complete this course can earn credit in both the psychoanalysis and psychoanalytic psychotherapy training programs. Students must complete course assignments and maintain 80% attendance to receive training program credit.

**Continuing Education Credit:** At the end of the course, participants must complete the evaluation form to receive continuing education credit. The instructor(s) have no relevant financial relationships with ineligible companies to disclose.

### **About the Instructor:**

**Dr. Donald Rosenblitt, MD**, is a child and adult psychoanalyst, and the founding Clinical and Executive Director of the Lucy Daniels Center. In August 2019, Dr. Rosenblitt retired from his position of 27 years as Executive and Clinical Director and transitioned into his new role as Director of Medical Services, where he will continue his work of serving children and families through in-depth evaluation and treatment. He is on the faculty of the Psychoanalytic Center of the Carolinas (PCC). He is a Training and Supervising Analyst of the psychoanalytic training program of the PCC and is Past Director of the Psychoanalytic Institute of the Carolinas, now the psychoanalytic training program of the PCC. He has written and lectured extensively on topics related to early childhood development.

***Registration and Tuition Deadline is December 30, 2024.***

### **Tuition**

PCC Matriculated Students: **\$510**

Graduate Students and Residents: **\$645**

All others: **\$710**

*Registration Fee: \$25 per term (Matriculated Students are exempt from registration fee).*

*Payment plans can be arranged with the Business Manager, [Lisa Long](#).*

[Course Cancellation Policy](#)

**[Register Here](#)**

### **Course Learning Objectives**

Class participants will be able to:

1. Describe the distinguishing features of an analytic attitude
2. Describe various aspects of an analytic frame.
3. Discuss the relevance and meaning of analytic abstinence.
4. Examine the relevance of discriminatory gestures when considering analytic abstinence and the analytic frame.
5. Describe contemporary reconsiderations of aspects of the analytic attitude.
6. Demonstrate ability to contextualize an analytic attitude within certain political climates.

7. Describe contemporary reconsiderations of aspects of the analytic attitude.
8. Describe classical positions about listening to patients.
9. Discuss reconsiderations of classical positions regarding listening to patients.
10. Describe how different approaches to technique may be actualized while still demonstrating an analytic attitude.
11. Discuss the meaning and controversies about the concept of unconscious fantasy.
12. Describe the classical view of transference and compare it to later conceptualizations.
13. Describe current conceptualizations of transference.
14. Describe the classical view of countertransference and later conceptualizations.
15. Discuss the role of race and identity in the countertransference.
16. Describe current conceptualizations of countertransference.
17. Describe the role of reconstruction in psychoanalysis.
18. Articulate the role of working through in psychoanalysis.

**Confidentiality Statement:** All case material will be carefully disguised. We ask that participants agree to hold all material presented with the utmost care, following ethical and professional guidelines.

Course Participants agree to review and abide to the following:

[Professional and Ethical Guidelines for the Classroom](#)

**Accommodation Statement:** To request an accommodation for this program, please get in touch with the Administrator at [Kayla@CarolinaPsychoanalytic.org](mailto:Kayla@CarolinaPsychoanalytic.org) by two weeks before the start date.

**CE & CME Disclosures:**

The Psychoanalytic Center of the Carolinas has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6518. Programs that do not qualify for NBCC credit are clearly identified. The Psychoanalytic Center of the Carolinas is solely responsible for all aspects of the program.

The Psychoanalytic Center of the Carolinas is approved by the American Psychological Association to sponsor continuing education for psychologists. The Psychoanalytic Center of the Carolinas maintains responsibility for this program and its content.

Social workers will receive a letter of attendance documenting their hours of continuing education. This certificate may not be acceptable verification in all states.

**ACCME Accreditation Statement**

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Psychoanalytic Association and the Psychoanalytic Center of the Carolinas. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

**AMA Credit Designation Statement**

The American Psychoanalytic Association designates this live activity for a maximum of 24 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Disclosure Statement**

The APsA CE Committee has reviewed the materials for accredited continuing education and has determined that this activity is not related to the product line of ineligible companies and therefore, the activity meets the exception outlined in Standard 3: ACCME's identification, mitigation and disclosure of relevant financial relationship. This activity does not have any known commercial support.

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**Contact:** [Kayla@CarolinaPsychoanalytic.org](mailto:Kayla@CarolinaPsychoanalytic.org)

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