



Psychoanalytic Center
of the Carolinas

921 – PCC Elective: Early Anxieties and Unrepresented States

Instructors: Michelle Kwintner, PhD, LCSW

Meeting Dates: Thursdays — September through November 2024.

(9/12, 9/19, 9/26, 10/10, 10/17, 10/24, 11/17, 11/21)

Time: 6:00PM-7:30PM Eastern

Location: Zoom/Virtual

of Credit hours: CME Credits: 12 hours / APA Category B CE: 12 clock hours / NBCC: 12 clock hours / All others: Letter of Attendance

Target Audience: This course is appropriate for clinicians at the intermediate to advanced levels.

Prerequisites: Students will need a basic exposure to and understanding of psychoanalytic theory and its application to the treatment of patients. Applicants can meet this requirement through previous coursework, training, or supervision (e.g., PCC's 101 Fundamentals course; psychoanalytic coursework or supervision in graduate school/residency or post-graduation). Applicants who do not meet this requirement may register for the course with permission of the instructor, [Michelle Kwintner, PhD, LCSW](#).

Format: This class will combine lecture and seminar formats, mainly relying on seminar with discussion. The instructor will invite students to bring thoughts and questions about the readings, to share clinical examples that the readings may bring to mind, and to offer any associations that will help us as a group to play with the concepts and to elaborate upon the ideas in the papers.

Description: In this course we will study together papers that aim to describe early anxieties and unrepresented states. How do we make contact with and describe our patients' experiences that emerged at a time when there were no words? What of experiences that may have never been represented or those aspects of the social context now calling for articulation after decades of operating unconsciously? We will read a sampling of the analytic literature, primarily from Object Relations Theory, on these types of anxieties and unrepresented states and discuss considerations of technique.

Course Syllabus: [Early Anxieties and Unrepresented States](#)

Required Readings: Readings will be on PEPWeb. Pdfs and links for non-PEPWeb readings will be provided.

Training Program Credit: Students who successfully complete this course can earn elective credit in the training programs that require elective hours.

Continuing Education Credit: At the end of the course, participants must complete the evaluation form to receive continuing education credit. The instructor(s) have no relevant financial relationships with ineligible companies to disclose.

About the Instructor:

Michelle Kwintner, PhD, LCSW was an early student of Bill Meyer and Harold Kudler in the Basics course during 1999-2000. She completed her psychoanalytic training at the International Psychotherapy Institute (IPI) based in Bethesda, MD. Michelle has taught in several programs at IPI with a theoretical perspective based on (but not limited to) Object Relations Theory. She served as Curriculum Chair of the analytic training program, and currently serves on the Colleague Assistance Committee. She is a consulting editor for *Psychoanalytic Social Work* and maintains an interest in Community Mental Health, a topic she's published on. She is a member of APsA and of IPA. As a member of IPA's Teleanalysis Working Group she presented papers at the IPA Pre-congress. She practices psychoanalysis and psychotherapy with adults in Ithaca, NY, and offers consultation via Zoom.

Registration and Tuition Deadline is August 5, 2024.

Tuition

PCC Matriculated Students: **\$255**

Graduate Students and Residents: **\$325**

All others: **\$355**

Registration Fee: \$25 per term (Matriculated Students are exempt from registration fee).

Payment plans can be arranged with the Business Manager, [Lisa Long](#).

[Course Cancellation Policy](#)

[Register Here](#)

Course Learning Objectives

Class participants will be able to:

1. Describe and compare the different positions according to Melanie Klein and Thomas Ogden.
2. Define projective identification and give at least one example of how it functions in everyday life or in a clinical situation.
3. Compare different types and levels of intervention based upon considerations of assessment.
4. Define symbolic equation and discuss Levine's ideas about unrepresented states.
5. Discuss Winnicott's ideas about the mind and its relation to the psyche-soma and link them with a clinical example.
6. Identify Winnicott's main thesis about the fear of breakdown.
7. Describe the interaction between the social, the interpersonal, and the intrapsychic, specifically as it relates to manic defenses.

8. Describe Ferro's concept of characters in the field and discuss how it might impact their technique in sessions.

Confidentiality Statement: All case material will be carefully disguised. We ask that participants agree to hold all material presented with the utmost care, following ethical and professional guidelines.

Course Participants agree to review and abide to the following:

[Professional and Ethical Guidelines for the Classroom](#)

Accommodation Statement: To request an accommodation for this program, please get in touch with the Administrator at Kayla@CarolinaPsychoanalytic.org by two weeks before the start date.

CE & CME Disclosures:

The Psychoanalytic Center of the Carolinas has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6518. Programs that do not qualify for NBCC credit are clearly identified. The Psychoanalytic Center of the Carolinas is solely responsible for all aspects of the program.

The Psychoanalytic Center of the Carolinas is approved by the American Psychological Association to sponsor continuing education for psychologists. The Psychoanalytic Center of the Carolinas maintains responsibility for this program and its content.

Social workers will receive a letter of attendance documenting their hours of continuing education. This certificate may not be acceptable verification in all states.

ACCME Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Psychoanalytic Association and the Psychoanalytic Center of the Carolinas. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

AMA Credit Designation Statement

The American Psychoanalytic Association designates this live activity for a maximum of 12 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure Statement

The APsA CE Committee has reviewed the materials for accredited continuing education and has determined that this activity is not related to the product line of ineligible companies and therefore, the activity meets the exception outlined in Standard 3: ACCME's identification, mitigation and disclosure of relevant financial relationship. This activity does not have any known commercial support.

Contact: Kayla@CarolinaPsychoanalytic.org

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