



## Psychoanalytic Center of the Carolinas

### 306 – Developmental Crises 3: Adolescence

**Instructors:** Kate Leslie, LCSW, and Pete Buonaccorsi, MD

**Meeting Dates:** Tuesdays – August 20, 2024 through October 8, 2024

**Time:** 7:10PM-8:40PM Eastern

**Location:** Zoom/Virtual

**# of Credit hours:** APA Category B CE: 12 clock hours / NBCC: 12 clock hours / All others: Letter of Attendance

**Target Audience:** This course is appropriate for intermediate through advanced matriculated students, as well as clinicians with extensive experience who are considering child or adult analytic training (with permission from the instructors).

**Prerequisites:** This class is open to matriculated students in the psychoanalytic tracks. Students will need to have completed all, or nearly all, of the classes in the core curriculum (including the Life Cycle courses). Individuals who have graduated from the Psychoanalytic Psychotherapy track, or students matriculated in that track who have completed all, or nearly all, of the core curriculum and have at least one case in progress, may also take the course with permission of the instructors, [Kate Leslie, LCSW](#) and [Pete Buonaccorsi, MD](#).

**Format:** This class will combine lecture and seminar formats; student presentation of clinical material will be essential to class participation. PCC courses include small group discussions which require participants to read and synthesize the materials presented. Instructors will work with students to address any issues of inclusion and accessibility. The instructors value a co-created learning environment and see the students as experts in their own experiences, both clinically and in their own identity development.

**Description:** There are developmental challenges to be mastered throughout the life cycle. This course, the third in a series of four, will focus on adolescent development and its challenges, roughly between ages 12 through 20. We will utilize psychoanalytic perspectives to explore the intrapsychic and interpersonal developmental tasks common to this period and where disruptions may occur.

We will consider different theoretical perspectives including Attachment Theory, Object Relations, Ego Psychology, Relational Psychoanalysis, neo-Kleinian, and classical psychoanalysis. We will also consider theories of identity and identity formation, including cultural and sociological studies. These other theoretical perspectives will help us contextualize adolescence within modernity and intersectionality identities.

We will use clinical material to complement our theoretical readings.

**Course Syllabus:** [Developmental Crises 3](#)

**Training Program Credit:** Students who successfully complete this course can earn credit in the psychoanalysis training programs.

**Continuing Education Credit:** At the end of the course, participants must complete the evaluation form to receive continuing education credit. The instructor(s) have no relevant financial relationships with ineligible companies to disclose. CME hours are not offered to physician learners for this course.

**About the Instructors:**

**Kate Leslie, MSW, LCSW**, is a licensed clinical social worker, originally from Atlanta, GA. She received her Honors BA in Modern Culture and Media (Semiotics) from Brown University in Providence, Rhode Island in 2001, where she focused on post-colonial literature and politics. Kate received her MSW from Smith College School for Social Work in Northampton, MA. She received a post-masters training fellowship at the McAuley Institute at St. Mary's Hospital in San Francisco, a psychiatric inpatient unit for adolescents, staffed with training analysts from the San Francisco Center for Psychoanalysis, with Dr. Terrence Owens, PhD, Dr. Paul Williams, PhD and with training from Dr. Mary Target, PhD. After moving to North Carolina with her family, she became affiliated with PCC through Smith Alumni. She is a member of the AAPCSW and is the Smith School for Social Work regional alumni rep for Colorado. She currently is in private practice in Boulder, CO.

**Peter Buonaccorsi, MD**, is a Child, Adolescent, and Adult Psychiatrist in part-time private practice in Raleigh and is the Medical Director of the Whitaker Adolescent PRTF in Butner. He is an academic graduate of the PCC Psychoanalysis program. Dr. Buonaccorsi did his medical and residency training at the University of Maryland and the University of Maryland/ Sheppard Pratt Program. He completed his child training fellowship at the Cambridge Health Alliance/Harvard Medical School. He is particularly interested in the overlap between development, biological models, and psychological phenomena.

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***Registration and Tuition Deadline is August 5, 2024.***

**Tuition**

PCC Matriculated Students: **\$255**  
Graduate Students and Residents: **\$325**  
All others: **\$355**

*Registration Fee: \$25 per term (Matriculated Students are exempt from registration fee).*

*Payment plans can be arranged with the Business Manager, [Lisa Long](#).*

[Course Cancellation Policy](#)

**[Register Here](#)**

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## Course Learning Objectives

Class participants will be able to:

1. Describe the significant developmental tasks of early, middle, and late adolescence.
2. Discuss the evolution of digital technology and its impact on adolescent relationships, sexual identity/behavior, and attachment concerns.
3. Evaluate and understand destructive self-states, as they relate to adolescent development, to separation-individuation, and biological changes.
4. Understand how multiple psychoanalytic theories view the tasks of adolescence.
5. Utilize psychoanalytic theories of development to understand where disruptions have occurred, in the presentation of adolescents' psychopathology.
6. Understand and help metabolize self-destructive behaviors such as self-harm, eating disorders, and relational violence.
7. Understand the importance of culture and society and their influence on adolescent identity development.
8. Understand a discourse of power and identity formation and its effect on adolescent understanding of intersectionality and marginal identities.

**Confidentiality Statement:** All case material will be carefully disguised. We ask that participants agree to hold all material presented with the utmost care, following ethical and professional guidelines.

Course Participants agree to review and abide to the following:

[Professional and Ethical Guidelines for the Classroom](#)

**Accommodation Statement:** To request an accommodation for this program, please get in touch with the Administrator at [\*\*Kayla@CarolinaPsychoanalytic.org\*\*](mailto:Kayla@CarolinaPsychoanalytic.org) by two weeks before the start date.

### Continuing Education Disclosures:

The Psychoanalytic Center of the Carolinas has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6518. Programs that do not qualify for NBCC credit are clearly identified. The Psychoanalytic Center of the Carolinas is solely responsible for all aspects of the program.

The Psychoanalytic Center of the Carolinas is approved by the American Psychological Association to sponsor continuing education for psychologists. The Psychoanalytic Center of the Carolinas maintains responsibility for this program and its content.

Social workers will receive a letter of attendance documenting their hours of continuing education. This certificate may not be acceptable verification in all states.

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**Contact:** [\*\*Kayla@CarolinaPsychoanalytic.org\*\*](mailto:Kayla@CarolinaPsychoanalytic.org)

Kayla Schilke, Training and Education Program Manager

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101 Cloister Court, Suite A | Chapel Hill, NC 275614

Phone: 919.490.3212 | Fax: 877.897.4034 | [\*\*www.CarolinaPsychoanalytic.org\*\*](http://www.CarolinaPsychoanalytic.org)

*Psychoanalytic Center of the Carolinas: Promoting Emotional Resilience by Understanding the Mind Through Psychoanalytic Education, Practice and Service.*