



501 – Adult Case Conference

Instructor: Dhipthi Brundage, MD

Meeting Dates: Thursdays - February 29, 2024 through April 18, 2024

Time: 7:10PM-8:40PM EDT

Location: Zoom/Virtual

of Credit hours: CME Credits: 12 / CE: 12 clock hours/ NBCC: 12 clock hours / All others: Letter of Attendance

Target Audience: This course is at the intermediate through advanced level.

Format: This class will combine lecture and seminar formats; student participation is required.

Description: The course seeks to examine closely the fine-tuned analytic process of one psychoanalytic case. We will explore verbatim notes for manifestations of transference, countertransference, clarification, interpretation, resistance, linking, dreams, and frame. In this seminar participants present adult case material. A variety of technical issues related to working with adults in psychoanalysis are discussed.

Prerequisites: This class is open to matriculated Psychoanalytic Adult or Adult/Child students who have completed all, or nearly all, of the Core Curriculum at the Psychoanalytic Center of the Carolinas. The instructor may make some exceptions to the requirements. Please get in touch with the instructor directly about permission to join the class outside these prerequisites.

Course Syllabus: N/A – Case Conference.

Required Texts: None. Readings may be recommended based on case conference material.

Training Program Credit: Students who successfully complete this course can earn credit in the Psychoanalysis training program. If there is a course assignment, students must complete the assignment to receive training program course credit.

Continuing Education Credit: At the end of the course, participants must complete the evaluation form to receive continuing education credit. The instructor(s) has signed a financial disclosure form and has no relevant financial relationship(s) with ineligible companies to disclose.

About the Instructor:

Dhipthi Brundage, MD, is a psychiatrist and an adult training and supervising analyst. She is the Training and Education Director of the PCC. Dr. Brundage is a consulting associate at Duke University where she teaches the Introduction to Psychodynamic Technique course for third year Psychiatry residents. She supervises residents both at Duke University and at Atrium Health.

Registration and Tuition Deadline is January 5, 2024.

Tuition

PCC Matriculated Students: **\$235**

Graduate Students and Residents: **\$290**

All others: **\$315**

Registration Fee: **\$25 per term** (*Matriculated Students are exempt from registration fee*).

Payment plans can be arranged with the Business Manager.

[Course Cancellation Policy](#)

[Register Here](#)

Course Learning Objectives

Class participants will be able to:

1. Describe how to look for indicators that a patient may be ready to move from psychoanalytic psychotherapy into psychoanalysis and how to approach the patient about making this change.
2. Describe how to recognize and intervene with resistance to free association.
3. Discuss how to understand and interpret the meanings of fantasies and dreams.
4. Discuss methods to help the analysand reveal or elaborate on the transference.
5. Discuss ways of interpreting the meanings of transference.
6. Describe methods for recognizing and using countertransference issues.
7. Describe the consideration of the quality of one's interpretations as being experience-near, having continuity, and timeliness.
8. Discuss the helpfulness of one's interventions as observed by changes in the patient's productivity, affective interactions, or ability for self-analysis.
9. Identify and work with the influence of culture, race, gender in the course of treatment.

Confidentiality Statement: All case material will be carefully disguised. We ask that participants agree to hold all material presented with the utmost care, following ethical and professional guidelines.

Course Participants agree to review and abide to the following:

[Professional and Ethical Guidelines for the Classroom](#)

Accommodation Statement: To request an accommodation for this program, please get in touch with the Administrator at Kayla@CarolinaPsychoanalytic.org no later than two weeks before the start date.

CE & CME Disclosures:

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Psychoanalytic Association and the Psychoanalytic Center of the Carolinas. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.”

The American Psychoanalytic Association designates this Live Activity for a maximum of 12 *AMA PRA Category 1 Credit(s)*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS: None of the planners and presenters for this educational activity have relevant financial relationship(s)* to disclose with ineligible companies* whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

*Financial relationships are relevant if the educational content an individual can control is related to the business lines or products of the ineligible company.

-Updated July 2021-

The Psychoanalytic Center of the Carolinas has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6518. Programs that do not qualify for NBCC credit are clearly identified. The Psychoanalytic Center of the Carolinas is solely responsible for all aspects of the program.

The Psychoanalytic Center of the Carolinas is approved by the American Psychological Association to sponsor continuing education for psychologists. The Psychoanalytic Center of the Carolinas maintains responsibility for this program and its content.

Social workers will receive a letter of attendance documenting their hours of continuing education. This certificate may only be acceptable verification in some states.

Contact: Kayla@CarolinaPsychoanalytic.org

Kayla Schilke, Training and Education Program Manager

© Psychoanalytic Center of the Carolinas

101 Cloister Court, Suite A | Chapel Hill, NC 275614

Phone: 919.490.3212 | Fax: 877.897.4034 | www.CarolinaPsychoanalytic.org

Psychoanalytic Center of the Carolinas: Promoting Emotional Resilience by Understanding the Mind Through Psychoanalytic Education, Practice and Service.