



207 – Psychological Development Across the Life Cycle 2: Adolescence - Late Life

Instructor: Rex Moody, MD

Meeting Dates: Tuesdays – January 16, 2024 through May 7, 2024

Class will not meet February 27 or March 12. Make-up time for Feb. 27 is TBD.

Time: 7:10 PM—8:40 PM Eastern

Location: Zoom/Virtual

of Credit hours: CME Credits: 24 / CE: 24 clock hours/ NBCC: 24 clock hours / All others: Letter of Attendance

Target Audience: This class is for mental health professionals at the beginning or intermediate level, *who have completed part I of the course (206A&206B)*.

Format: This class will combine lecture and seminar formats; student participation is encouraged. All PCC courses include small group discussions which require participants to read and synthesize the materials presented. PCC faculty ensure that gaps in knowledge are addressed.

Description: Developmental challenges must be mastered throughout the life cycle from infancy through old age. Each component builds upon what has gone before as new capacities are integrated into the emerging personality. This course will explore developmental tasks and challenges from a psychoanalytic perspective, including typical features and pathological adaptations

Part 2 of the Life Cycle Series, 16 sessions, will continue to build on these developmental concepts. We will explore the developmental tasks beginning in adolescence and continuing through the stages of adulthood to the developmental concerns of the end of life. As the course proceeds, alternatives to a typical developmental path and the results of distortions in various developmental lines will be considered.

Part II is open to those who have completed Part I Development Across the Life Cycle: Infancy through Pre-adolescence

Prerequisites: This class is open to non-matriculated students and is a required class for matriculated students in either the Adult, Adult/Child or Child-Focused Psychoanalytic programs and in the Psychoanalytic Psychotherapy program.

Non-matriculated students will need a basic exposure to and understanding of psychoanalytic theory and its application to the treatment of patients. Applicants can meet this requirement through previous coursework, training, or supervision (e.g., Thinking Psychoanalytically: The Basics; the PPSC Introductory Course; Fundamentals of Psychoanalysis; psychoanalytic coursework or supervision in graduate school/residency or post-graduation).

Other students may take this class with permission of the instructors.

Completion of Part I (PCC courses 206A and 206B) is required to enroll in Part II.

Applicants who don't meet this requirement can register for the course with the permission of the instructor. If needing permission, please contact the instructor(s) directly for approval *before* registering.

Course Syllabus: [Psychological Development Across the Life Cycle 2](#)

Training Program Credit: Students who successfully complete this course can earn credit in the psychoanalytic psychotherapy and psychoanalysis training programs.

Continuing Education Credit: At the end of the course, participants must complete the evaluation form to receive continuing education credit. The instructors have signed a financial disclosure form and have no relevant financial relationships with ineligible companies to disclose.

About the Instructor:

Rex Moody, MD is a Training and Supervising Analyst at the Psychoanalytic Center of the Carolinas. He has been practicing psychoanalytic psychotherapy since 1991 and has been involved with the Psychoanalytic Center of the Carolinas for over 25 years. He has been very active in the organization for many years, previously serving as president of the PCC. Dr. Moody is also an Adjunct Professor in UNC's Department of Psychiatry and has supervised residents for over 30 years. Dr. Moody has taught this class several times in the past.

Email: rjm@rexmoodymd.com

Registration and Tuition Deadline is January 5, 2024.

Tuition

PCC Matriculated Students: **\$485**
Graduate Students and Residents: **\$600**
All others: **\$650**

Registration Fee: \$25 per term (Matriculated Students are exempt from registration fee).

Payment plans can be arranged with the Business Manager.

[Course Cancellation Policy](#)

[Register Here](#)

Course Learning Objectives

Class participants will be able to:

1. Discuss adolescence as a second individuation process, the role of trauma in delaying adolescent development and possible problems later in life when this developmental task is poorly navigated.
2. Discuss the further differentiation of gender identities during adolescence.
3. Describe the potential complications related to loneliness that arise in the adolescent as he/she/they separate from parents.
4. Describe some of the evidence of psychopathology observed in adolescence.

5. Describe some of the factors which indicate the adolescent's entry into young adulthood.
6. Discuss issues that may interfere with the transition into young adulthood.
7. Describe some of the developmental tasks of entering full adulthood.
8. Discuss the potential alternate paths in adulthood concerning sexuality and parenthood.
9. Discuss common conflictual processes that arise in middle to late adulthood.
10. Discuss indications of midlife developmental problems and their origins in conflict.
11. Discuss several patterns of work life impairment, their origins, and effects on mid- life psychological health.
12. Discuss problems that interfere with midlife to late life transition.
13. Discuss the task and complications of dealing with end of life issues.
14. Discuss utilizing clinical material to illustrate developmental concepts, including materials from their own experiences.
15. Discuss overview of role of biology, structure and conflict in psychological development throughout life. Individualized review of course and its impact.
16. Improve understanding of the variations and commonalities in developmental experiences of individuals from various cultures, classes, races, sexual orientations and genders.

Confidentiality Statement: All case material will be carefully disguised. We ask that participants agree to hold all material presented with the utmost care, following ethical and professional guidelines.

Course Participants agree to review and abide to the following:

[Professional and Ethical Guidelines for the Classroom](#)

Accommodation Statement: To request an accommodation for this program, please get in touch with the Administrator at Kayla@CarolinaPsychoanalytic.org by two weeks before the start date.

CE & CME Disclosures:

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Psychoanalytic Association and the Psychoanalytic Center of the Carolinas. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians."

The American Psychoanalytic Association designates this Live Activity for a maximum of 24 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS: None of the planners and presenters for this educational activity have relevant financial relationship(s)* to disclose with ineligible companies* whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

*Financial relationships are relevant if the educational content an individual can control is related to the business lines or products of the ineligible company.

-Updated July 2021-

The Psychoanalytic Center of the Carolinas has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6518. Programs that do not qualify for NBCC credit are clearly identified. The Psychoanalytic Center of the Carolinas is solely responsible for all aspects of the program.

The Psychoanalytic Center of the Carolinas is approved by the American Psychological Association to sponsor continuing education for psychologists. The Psychoanalytic Center of the Carolinas maintains responsibility for this program and its content.

Social workers will receive a letter of attendance documenting their hours of continuing education. This certificate may not be acceptable verification in all states.

Contact: Kayla@CarolinaPsychoanalytic.org

Kayla Schilke, Training and Education Program Manager

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