



Psychoanalytic Center  
of the Carolinas

## 203B - Intersubjectivity and Relational Psychoanalysis

**Instructors:** Heather Craige, LCSW, and Liz Liepold, LCSW

**Meeting Dates:** Tuesdays – March 19, 2024 through May 7, 2024

**Time:** 5:30 PM-7:00 PM Eastern

**Location:** Zoom/Virtual

**# of Credit hours:** CME Credits: 12 / CE: 12 clock hours/ NBCC: 12 clock hours / All others: Letter of Attendance

**Target Audience:** This course is intended for clinicians at the beginning to intermediate levels.

**Format:** This class will combine lecture and seminar formats; student participation is encouraged. All PCC courses include small group discussions which require participants to read and synthesize the materials presented. PCC faculty ensure that gaps in knowledge are addressed.

**Description:** Relational approaches emphasize the ways in which early relationships shape the human mind and how the personalities of therapist and patient influence each other. Relational approaches shift our understanding and the ways we work with resistance, transference, countertransference, and therapeutic impasses. The relational literature is vast—we will use Steven Kuchuck's new book, *The Relational Revolution in Psychoanalysis and Psychotherapy*, as a text supplemented with seminal articles by major contributors on attachment, intersubjectivity, and self-states. Phenomena including “the analytic third,” enactment, dissociation, attachment style, and the role of self-disclosure will be considered. Students will be asked to hold in mind a “difficult to reach” client as we apply relational concepts to working with developmental trauma.

**Prerequisites:** Students will need a basic exposure to and understanding of psychoanalytic theory and its application to the treatment of patients. Applicants can meet this requirement through previous coursework, training, or supervision (e.g., Thinking Psychoanalytically: The Basics; the PPSC Introductory Course; Fundamentals of Psychoanalysis; psychoanalytic coursework or supervision in graduate school/residency or post-graduation).

Applicants who don't meet this requirement can register for the course with the permission of the instructor. If needing permission, please contact the instructor(s) directly for approval *before* registering.

**Course Syllabus:** [Intersubjectivity and Relational Psychoanalysis](#)

### Required Texts to Purchase:

Kuchuck, S. (2021). *The Relational revolution in psychoanalysis and psychotherapy*. Confer Books.

Please refer to the syllabus for additional readings.

**Training Program Credit:** Students who successfully complete this course can earn credit in the psychoanalytic psychotherapy and psychoanalysis training program.

**Continuing Education Credit:** At the end of the course, participants must complete the evaluation form to receive continuing education credit. The instructors have signed a financial disclosure form and have no relevant financial relationships with ineligible companies to disclose.

### **About the Instructors:**

**Heather Craige, LCSW** is a clinical social worker and psychoanalyst providing case consultation to psychodynamic therapists in Raleigh, NC. During 45 years of practice, she has developed a particular interest in using object relations, attachment, self-state, and relational approaches to treat adult survivors of chronic childhood trauma. Heather is a graduate in adult psychoanalysis from the UNC-Duke Psychoanalytic Education Program, now a component of the Psychoanalytic Center of the Carolinas (PCC). She has published articles on the subjects of termination and self-state theory in the *Journal of the American Psychoanalytic Association*, *Psychoanalytic Dialogues*, and *Psychoanalytic Inquiry*. Heather has served in a variety of roles in the psychoanalytic community, including Board Chair of the NC Psychoanalytic Foundation, and is a Training and Supervising Analyst for the PCC. She led the team that brings Circle of Security Parenting facilitator training to North Carolina from 2016 to 2021.

**Email:** [heathercraige@gmail.com](mailto:heathercraige@gmail.com)

**Liz Liepold, MSW, LCSW** is a clinical social worker in private practice in Chapel Hill. Trained at Smith College, The New School, The Gunderson Personality Disorders Institute, and PCC. She has presented on attachment disturbances, mentalization, and the permutations of PTSD, embodiment and psychosis. Liz is the past chair of PCC's Anti-Racism Task Force and co-chair of the NC Chapter of the American Association for Psychoanalysis in Clinical Social Work. In addition to her ongoing training in psychoanalysis, Liz is trained in mentalization based treatment for personality disorders (MBT), Somatic Experiencing and Eye Movement Desensitization and Reprocessing (EMDR). As a clinical social worker, her practice draws from intersectional, queer and feminist social theories to expand her understanding of social contexts, such as late capitalism, racism, transphobia and other -isms, as they emerge in the clinical encounter.

**Email:** [liz.louise.liepold@gmail.com](mailto:liz.louise.liepold@gmail.com)

***Registration and Tuition Deadline is January 5, 2024.***

### **Tuition**

PCC Matriculated Students: **\$235**  
Graduate Students and Residents: **\$290**  
All others: **\$315**

*Registration Fee: \$25 per term (Matriculated Students are exempt from registration fee).*

*Payment plans can be arranged with the Business Manager.*

[Course Cancellation Policy](#)

[Register Here](#)

## Course Learning Objectives

Class participants will be able to:

1. Describe what is meant by the relational turn in contemporary American psychoanalysis.
2. Identify characteristics of helpful and unhelpful self-disclosure through a relational lens.
3. Describe what is meant by psychoanalytic intersubjectivity and the concept of the analytic third.
4. Describe how trauma produces dissociative phenomena and explain what is happening in the mind of a person who dissociates in terms of self-state theory.
5. Discuss the meaning of the term enactment and how the therapist might view his/her own role in an enactment through a relational lens.
6. Explain the relevance of attachment styles to the understanding of transference and defense in an analytic treatment.
7. Discuss an example of a racial enactment and its repair within a relational treatment.
8. Describe how the therapist's intersectional identities may influence the course of treatment in a relational therapy.

**Confidentiality Statement:** All case material will be carefully disguised. We ask that participants agree to hold all material presented with the utmost care, following ethical and professional guidelines.

Course Participants agree to review and abide to the following:

[Professional and Ethical Guidelines for the Classroom](#)

**Accommodation Statement:** To request an accommodation for this program, please get in touch with the Administrator at [Kayla@CarolinaPsychoanalytic.org](mailto:Kayla@CarolinaPsychoanalytic.org) by two weeks before the start date.

### **CE & CME Disclosures:**

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Psychoanalytic Association and the Psychoanalytic Center of the Carolinas. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.”

The American Psychoanalytic Association designates this Live Activity for a maximum of 12 *AMA PRA Category 1 Credit(s)*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS: None of the planners and presenters for this educational activity have relevant financial relationship(s)\* to disclose with ineligible companies\* whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

\*Financial relationships are relevant if the educational content an individual can control is related to the business lines or products of the ineligible company.

-Updated July 2021-

The Psychoanalytic Center of the Carolinas has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6518.

Programs that do not qualify for NBCC credit are clearly identified. The Psychoanalytic Center of the Carolinas is solely responsible for all aspects of the program.

The Psychoanalytic Center of the Carolinas is approved by the American Psychological Association to sponsor continuing education for psychologists. The Psychoanalytic Center of the Carolinas maintains responsibility for this program and its content.

Social workers will receive a letter of attendance documenting their hours of continuing education. This certificate may not be acceptable verification in all states.

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**Contact:** [Kayla@CarolinaPsychoanalytic.org](mailto:Kayla@CarolinaPsychoanalytic.org)

Kayla Schilke, Training and Education Program Manager

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*Psychoanalytic Center of the Carolinas: Promoting Emotional Resilience by Understanding the Mind Through Psychoanalytic Education, Practice and Service.*