

Training and Supervising Analyst Appointment Developmental Pathway and Local Standards

Introduction

This document describes the developmental pathway for graduate analyst faculty to become a Training and/or Supervising Analyst (TA/SA). Training Analysts are people designated to conduct the analysis of matriculated students who have undertaken training to be psychoanalysts (candidates). Supervising Analysts are those who supervise the psychoanalysis treatments conducted by those students. Typically, faculty apply for both designations, but at times might apply for one or the other.

Developmental Experiences from Graduation to TA/SA Appointment All graduate analysts are encouraged to receive individual case consultations, present in-depth case material in group consultation, continue to study theory and technique individually and in groups, attend psychoanalytic conferences, teach through the TEC, give scholarly presentations, publish their writing, and participate in the life of the PCC.

New graduates are encouraged to select a mentor analyst with whom to periodically discuss their development. Some graduates might find it useful to write reflections on their case consultation, reading, teaching, and other aspects of their development.

We recognize that practicing independently is an important part of the development of a new analyst. We also recognize that regardless of one's level of experience, in-depth reflection upon one's work, either in the presence of an individual consultant or a group of peers, is important for growth and good practice.

Eligibility to Become a TA/SA

To become a Training Analyst (TA) and/or Supervising Analyst (SA), analysts would meet the following requirements:

1. Good ethical standing: Applicants for TA/SAs will sign a statement attesting to good ethical standing.
2. Graduate in adult psychoanalysis from an APsA- or IPA-affiliated institute, or substantial equivalent: (Child SAs may have graduated in child analysis only.)
3. Five years or more post-graduation.
4. Immersion/analytic case experience: APsA allows local programs to set the standard for immersion. Our program will require TA/SA applicants to have experience treating analytic patients at a frequency of 3-5 times per week for the *equivalent of ten analytic years, post-graduation*. An "analytic year" is here defined as one analytic patient in analysis 3-5 times per week for a year. (The requirement of ten analytic years might be

met by a combination of cases running concurrently or sequentially after graduation—for example, one case for two years, one for three years, and one for five years— adding up to ten analytic years of treatment.) While cases that started before graduation may be used to meet this requirement, a minimum of two cases must have started after graduation or shortly before graduation. A minimum of one case, before or after graduation, must have been through a termination process.

5. **Developmental Activities:** Our program is electing to adopt a developmental model in which analysts at all phases engage in activities to foster their own professional development (through case consultation, study, scholarly activities), as well as the development of others (through teaching, supervising, mentoring and organizational service and leadership). Applicants for TA/ SA will record their developmental activities in the application form, while appointed TA/SAs will attest annually to their developmental activities.
6. **Case Presentation:** A graduate analyst who wishes to become a TA/SA will engage in *individual* case consultation with at least two different experienced analysts for a total of at least 50 hours after graduation. The aspiring TA will present in-depth, ongoing analytic case material in these consultations and formulate relevant theoretical ideas.

As an alternative, the aspiring TA/SA may present up to 15 of these 50 hours of in-depth, ongoing analytic case material in a *group* consultation with local or national analysts. The practice of presenting and reflecting on clinical work is highly valued in our developmental model.

Aspiring TAs will have at least 15 of the 50 hours of post-graduation *individual* case consultation with two TA/SAs external to our program. External consultants may be TA/SAs from any APsaA- or IPA- affiliated training program. The applicant and consultant will periodically use our form for assessing analytic competence and to discuss the strengths and weaknesses in the analyst's work. When the analyst feels ready to apply for TA/SA status, the final assessments of the two external TA consultants will be shared with the program. This approach allows the analyst to develop as long as needed until she and the consultant evaluate her clinical presentation as satisfactory (overall score of 2 for "well qualified" or 3 for "highly qualified").

Alternatively, applicants may meet the Case Presentation requirement by achieving certification in psychoanalysis by the American Board of Professional Psychology or by the American Board of Psychoanalysis.

To be a TA/SA, an analyst must be a dues-paying member of the PCC and the American Psychoanalytic Association.

Developmental Pathway to TA/SA for the Experienced-Analyst Group A time-limited procedure for qualified, experienced graduate analysts will allow them to become TA/SAs since our new model was not in place when they were undertaking their own development post-graduation. These procedures are detailed in Appendix A.

Special Circumstances

An analyst already a TA/SA with another APsaA- or IPA-approved institute, and prepared to join the PCC, will be exempted from the case presentation requirement. For these applicants, a meeting with two TA/SAs will be arranged to get to know the applicant, his/her work and analytic approach, and to discuss issues specific to the development of candidates.

Waivers for Ongoing Analyses

Our program allows waivers for candidates to remain in ongoing analyses with analysts who are not TA/SAs. The purpose of granting a waiver is to protect the integrity of an ongoing treatment. The waiver is granted to the candidate, but the analyst must qualify. To qualify for a waiver, the analyst must be at least five years post-graduation, be in good ethical standing, and meet the immersion/case experience requirement. Analysts whose candidates receive waivers will be invited, but not required, to participate in TA/SA developmental activities. They may decide eventually to use their analytic case experience and developmental experiences, such as engaging in case consultation, to become a TA/SA. Waivered analysts will be asked to *identify* an experienced analyst, *external to our program*, with whom they may consult about the treatment of their candidate on an as-needed basis. Candidates who apply for TA waivers must have been in analysis for at least one year prior to matriculation.

Flexibility

Since each analyst being considered for TA/SA appointment will present a unique set of circumstances, these requirements will be applied with judgment and some measure of flexibility by the TA/SA committee.