



918 (Elective) -- Individualities: Personality in Psychotherapy and Supervision

Instructor: Nancy McWilliams, PhD, ABPP
Antoinette Calabria Guest Lecturer in Psychoanalysis

Meeting Dates: Wednesdays, once a month, on the following dates

2023: Sept. 13, Oct. 18, Nov. 15, Dec. 6

2024: Jan. 17, Feb. 21, March 12, April 17

Time: 7:00 PM-9:00 PM Eastern

Location: Zoom/Virtual

of Credit hours: CME Credits: 16 / CE: 16 clock hours/ NBCC: 16 clock hours /All others: Letter of Attendance

Target Audience: This class is intended for beginning to intermediate mental health professionals and is also open to the general public interested in these topics.

All participants must commit to confidentiality, as case presentations will be involved.

Format: This class will combine lecture and seminar formats; student participation is encouraged. All PCC courses include small group discussions that require participants to read and synthesize the materials presented. PCC faculty ensure that gaps in knowledge are addressed.

Description: For more than a century, appreciating the implications of personality differences for counseling, clinical work, and supervision has been a central concern for psychotherapists. There is now vast empirical literature about the impact of personality and relationships on therapy outcomes. However, since the 1980 revision of the DSM, personality issues have been relegated to a section of “disorder” categories and described by the presence or absence of observable traits. In contrast, Dr. McWilliams will explore different psychoanalytic lenses through which individuality may be viewed, covering levels of personality organization and personality styles and disorders, emphasizing practical implications for therapy and supervision. She will address the ramifications of age, gender, sexuality, race, ethnicity, class, religious orientation, health, and other areas that inevitably enter clinical and supervisory relationships. Dr. McWilliams will present her clinical work, and participants will be invited to share case vignettes.

Prerequisites: No prerequisites. All parties must share a commitment to the confidentiality of materials shared during this course. Please review the policy available via a link on the registration form.

[Course Syllabus](#)

Required Texts (students should purchase) for the Course:

Lingiardi, V., & McWilliams, N. (Eds.). (2017). *Psychodynamic diagnostic manual, 2nd ed. (PDM-2)*. Guilford.

Feinstein, R. (Ed.). (2021). *A primer on personality disorders: multi-theoretical viewpoints*. Oxford University Press.

Training Program Credit: Matriculated Students should contact their training track Director to confirm whether this course satisfies elective credits towards graduation requirements.

Continuing Education Credit: At the end of the course, participants must complete the evaluation form to receive continuing education credit. The instructor(s) has signed a financial disclosure form and has no relevant financial relationship(s) with ineligible companies to disclose.

About the Instructor:

Nancy McWilliams, PhD is Visiting Professor Emerita at Rutgers University's Graduate School of Applied & Professional Psychology. She has a private practice in Lambertville, NJ, and is the author of *Psychoanalytic Diagnosis* (1994; rev. ed. 2011), *Psychoanalytic Case Formulation* (1999), *Psychoanalytic Psychotherapy* (2004), and *Psychoanalytic Supervision* (2021), all with Guilford Press. She has edited, coauthored, or contributed to several other books and is an Associate Editor of the *Psychodynamic Diagnostic Manual* (2006; 2nd ed. 2017). A former president of APA's Division 39 (Psychoanalysis), she is on the editorial board of *Psychoanalytic Psychology*.

Awards include the Gradiva Prize (1999), Erikson Scholar Award (2016), Goethe Scholarship Award (2012), Rosalee Weiss Award for contributions to practice (2004), Laughlin distinguished teacher award (2007), Hans Strupp Award for teaching, practice, and writing (2014), and Division 39 awards for Leadership (2005), Scholarship (2012), and International Academic Excellence (2021). She has appeared in three APA videos of master therapists and was a plenary speaker for the 2015 APA convention. A graduate of the National Psychological Association for Psychoanalysis, Dr. McWilliams is also affiliated with the Center for Psychotherapy and Psychoanalysis of New Jersey and is on the Board of Trustees of the Austen Riggs Center. She is an honorary member of the American Psychoanalytic Association, the Moscow Psychoanalytic Society, the Institute for Psychoanalytic Psychotherapy of Turin, Italy, and the Warsaw Scientific Association for Psychodynamic Psychotherapy. Her writings have been translated into 20 languages, and she has taught in more than 30 countries.

Registration and Tuition Deadline is August 15, 2023

Tuition

PCC Matriculated Students: **\$320**

Graduate Students and Residents: **\$400**

All others: **\$435**

Registration Fee: \$25 per term (Matriculated Students are exempt from registration fee).

Payment plans can be arranged with the Business Manager.

[Register Here](#)

Course Learning Objectives

Class participants will be able to:

1. Enumerate ten angles of vision by which mental health professionals and scholars have conceptualized personality.
2. Differentiate between conceptualizing personality in terms of *traits* and construing it in terms of *intersubjective themes*.
3. Improve their capacity to identify borderline personality organization in clients who fail to meet the criteria for the categorical diagnosis of Borderline Personality Disorder.
4. Make clinical choices that increase their effectiveness with patients whose psychology seems organized mainly at the borderline or psychotic level of severity.
5. Discriminate more flamboyant, extroverted versions of hysterical and posttraumatic psychology from more inhibited and introverted types and relate them to cultural contexts.
6. Apply this differential diagnosis to treating these dynamics irrespective of the patient's gender.
7. Differentiate anaclitic from introjective versions of depressive psychologies.
8. Differentiate predominantly self-defeating from predominantly depressive psychologies.
9. Apply these differential formulations to their clinical work.
10. Differentiate individuals with obsessive-compulsive personality organization from those with narcissistic psychologies who use obsessional defenses.
11. Apply these differential formulations to their clinical work.
12. Describe two different presentations of narcissistic psychologies.
13. Discuss the clinical implications of each level of narcissistic organization, from developmentally normal self-esteem issues through narcissistic personality problems, malignant narcissism, and frank psychopathy.
14. Differentiate the DSM concept of schizoid personality disorder from the psychoanalytic formulation of schizoid dynamics.
15. Name four different versions of paranoid dynamics.
16. Apply these discriminations to their clinical work.
17. Describe two overall approaches to addressing differences of power and identifications. (including differences in culture, race, ethnicity, sexual orientation, gender identity, and religious orientation) between the supervisor and supervisee.
18. Describe two combinations of supervisor and supervisee personalities that can reduce the possibilities for learning in the dyad.

Confidentiality Statement: All case material will be carefully disguised. We ask that participants agree to hold all material presented with the utmost care, following ethical and professional guidelines.

Accommodation Statement: To request an accommodation for this program, please get in touch with the Administrator at Kayla@CarolinaPsychoanalytic.org no later than two weeks before the start date.

CE & CME Disclosures:

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Psychoanalytic Association and the Psychoanalytic Center of the Carolinas. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.”

The American Psychoanalytic Association designates this Live Activity for a maximum of *16 AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS: None of the planners and presenters for this educational activity have relevant financial relationship(s)* to disclose with ineligible companies* whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

*Financial relationships are relevant if the educational content an individual can control is related to the business lines or products of the ineligible company.

-Updated July 2021-

The Psychoanalytic Center of the Carolinas has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6518. Programs that do not qualify for NBCC credit are clearly identified. The Psychoanalytic Center of the Carolinas is solely responsible for all aspects of the program.

The Psychoanalytic Center of the Carolinas is approved by the American Psychological Association to sponsor continuing education for psychologists. The Psychoanalytic Center of the Carolinas maintains responsibility for this program and its content.

Social workers will receive a letter of attendance documenting their hours of continuing education. This certificate may only be acceptable verification in some states.

Contact: Kayla@CarolinaPsychoanalytic.org

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