



411 – Child Integrated Seminar

Instructors: Donald Rosenblitt, MD and Paul Brinich, PhD

Meeting Dates: Mondays – September 11, 2023 through June 10, 2024
(Dates are subject to change based on holidays)

Time: 11 AM-12:30 PM Eastern

Location: Zoom/Virtual

Approx. 33 weeks, if registered for fall and spring terms

of Credit hours: CME Credits: 49.5 / CE: 49.5 clock hours/ NBCC: 49.5 clock hours /
All others: Letter of Attendance

Target Audience: This class is for intermediate to advanced students

Format: This class will combine lecture and seminar formats; student participation is encouraged. All PCC courses include small group discussions that require participants to read and synthesize the materials presented. PCC faculty ensure that gaps in knowledge are addressed.

Description: This ongoing Child Seminar integrates theory and techniques in treating children from birth through late adolescence. Child-Focused and Adult/Child psychoanalytic track students, will be expected to participate in this seminar for approximately 33 weeks per academic year for a total of 5 years beginning at the time of matriculation into one of these programs and are invited to continue after graduation. The goal is to develop an ongoing intellectual inquiry. This orientation recognizes that the work is complex, and that ongoing study and collegial support are integral to the profession. The seminar will integrate ongoing case studies and readings. The literature experiences will allow exposure to the core literature relevant to these tracks.

Prerequisites: This class is for advanced students matriculated in the Child-Focused or combined Adult/Child Psychoanalytic Track and 33 credit hours of the Core Curriculum or *permission of the instructors*.

Matriculated students with experience seeing children who intend to become child-focused or adult/child-analytic candidates may take this seminar *with permission*. The seminars will be open to non-child analytic candidates based on their readiness to participate at this level with the material. If needing permission, please contact the instructor(s) directly **before** registering.

[Course Syllabus](#)

Required Texts: Please see the syllabus.

Training Program Credit: Students who successfully complete this course can earn credit in the Child-Focused and Adult/Child Psychoanalysis Training Program. This class will also be accepted towards elective credit in the Adult Psychoanalytic track. If there is a written or oral course assignment, students must complete the assignment to receive training program course credit.

Continuing Education Credit: At the end of the course, participants must complete the evaluation form to receive continuing education credit. The instructors have signed a financial disclosure form and have no relevant financial relationship(s) with ineligible companies to disclose.

About the Instructors:

Donald Rosenblitt, MD, is a child and adult psychoanalyst and the founding Clinical and Executive Director of the Lucy Daniels Center. In August 2019, Dr. Rosenblitt retired from his position of 27 years as Executive and Clinical Director and transitioned into his new role as Director of Medical Services, where he will continue his vital life's work of serving children and families through in-depth evaluation and treatment. He is on the Psychoanalytic Center of the Carolinas (PCC) faculty. Dr. Rosenblitt is a Training and Supervising Analyst of the psychoanalytic training program of the PCC. He is the Past Director of the Psychoanalytic Institute of the Carolinas, now the psychoanalytic training program of the PCC. Dr. Rosenblitt has written and lectured extensively on topics related to early childhood development.

Paul Brinich, Ph.D., trained at the University of Chicago, the Langley Porter Institute (University of California at San Francisco), the Anna Freud Centre (London), and the Psychoanalytic Center of the Carolinas (Chapel Hill, NC). He is a past president of the Association for Child Psychoanalysis and the North Carolina Psychoanalytic Society. An emeritus professor in the Departments of Psychology and Psychiatry of the University of North Carolina at Chapel Hill, Dr. Brinich has consulted with public elementary schools and the Lucy Daniels Center for Early Childhood (Cary, NC). He served for a decade as a senior editor of the Psychoanalytic Study of the Child. Retired from clinical practice, he consults with clinicians and programs regarding their work with children, adolescents, and adults. Dr. Brinich is particularly interested in adoptees and their families (biological and adoptive).

Registration and Tuition Deadline is August 15, 2023.

Tuition

Full-year (Fall *and* Spring): \$880

Fall term only: \$440

Registration Fee: \$25 per term (Matriculated Students are exempt from registration fee).

Payment plans can be arranged with the Business Manager.

[Register Here](#)

Course Learning Objectives

Class participants will be able to:

1. Describe how to work with parents and children to appreciate the need for and potential benefits of intensive psychoanalytic work.
2. Prepare parents and children for the demands of intensive psychoanalytic work.
3. Discuss and explore the relevance of variables such as sex, race, class/caste, culture, family structure, school, and other relevant societal systems to the practice of child analysis.
4. Describe the identification of initial play themes and how to help the child to understand initial play themes as objects of analytic inquiry.
5. Explain how to assist parents in understanding the nature of the psychoanalytic process and their role in the work.
6. Describe parental and child resistances that may develop (whether those emerge early when the treatment deepens or as termination nears).
7. Discuss how to best assist parents in helping the child with resistances that develop, including consideration of whether or not to work directly with parents' intrapsychic conflicts to support the child's treatment and to improve parental functioning.
8. Discuss ethical aspects encountered as the analyst shares with parents their insights into the child's psychic life, thus helping the parents to sustain the child's treatment.
9. Describe how to recognize and work with emerging resistances (e.g., impulsive aggression, somatization, leaving the room, going to sleep, use of cell phones, et cetera) to conflictual material (conscious or unconscious).
10. Discuss the various transferences and countertransferences that are likely to develop during a child analysis, vis-a-vis the child and the child's parents.
11. Demonstrate ways to help the child deepen their play themes and their motivation to do analytic work during various phases of analysis.
12. Describe the indicators in the child of the approach of the final phase and how to work with both the child and their parents to facilitate a "smooth landing" when intensive treatment ends.

Confidentiality Statement: All case material will be carefully disguised. We ask that participants agree to hold all material presented with the utmost care, following ethical and professional guidelines.

Accommodation Statement: To request an accommodation for this program, please get in touch with the Administrator at Kayla@CarolinaPsychoanalytic.org by two weeks before the start date.

CE & CME Disclosures:

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Psychoanalytic Association and the Psychoanalytic Center of the Carolinas. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians."

The American Psychoanalytic Association designates this Live Activity for a maximum of 49.5 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS: None of the planners and presenters for this educational activity have relevant financial relationship(s)* to disclose with ineligible companies* whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

*Financial relationships are relevant if the educational content an individual can control is related to the business lines or products of the ineligible company.

-Updated July 2021-

The Psychoanalytic Center of the Carolinas has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6518. Programs that do not qualify for NBCC credit are clearly identified. The Psychoanalytic Center of the Carolinas is solely responsible for all aspects of the program.

The Psychoanalytic Center of the Carolinas is approved by the American Psychological Association to sponsor continuing education for psychologists. The Psychoanalytic Center of the Carolinas maintains responsibility for this program and its content.

Social workers will receive a letter of attendance documenting their hours of continuing education. This certificate may only be acceptable verification in some states.

Contact: Kayla@CarolinaPsychoanalytic.org

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