



206A – Psychological Development Across the Life Cycle, Part 1A Infancy to Beginning Latency

Instructor: Peter Buonaccorsi, MD

Meeting Dates: Tuesdays – August 22, 2023 through October 10, 2023

Time: 7:10 PM-8:40 PM Eastern

Location: Zoom/Virtual

of Credit hours: CME Credits: 12 / CE: 12 clock hours/ NBCC: 12 clock hours / All others: Letter of Attendance

Target Audience: This course is intended for clinicians at the beginning to intermediate levels.

Format: This class will combine lecture and seminar formats; student participation is encouraged. All PCC courses include small group discussions that require participants to read and synthesize the materials presented. Classes will include discussion of clinical material of both the instructors and the participants. PCC faculty ensure that gaps in knowledge are addressed.

Description: Developmental challenges must be mastered throughout the life cycle from infancy through old age. Each component builds upon what has gone before as new capacities are integrated into the emerging personality. This course will explore developmental tasks and challenges from a psychoanalytic perspective, including typical features and pathological adaptations.

Part 1A, eight sessions (from Aug – October), will focus on establishing psychic structures. We will examine fundamental attachments in infancy to emerging experiences of separation, autonomy, and attempts at mastery into latency. Psychic structures develop within the crucible of profound caregiving experiences. We will pay close attention to the significance of these experiences in shaping or distorting the structures we are studying. We encourage lively discussion of readings, sharing of clinical material, and personal experiences. Students will be asked to carry one of their patients in mind as they study the material.

Students are required to take Part 1A and 1B in succession – for 16 weeks total. These are two separate registrations, so please register for both if you are completing the requirements for the training programs.

Part 1B, eight sessions (from October-Dec), will continue to build on these developmental concepts. We will explore the developmental tasks beginning at latency and continuing through preadolescence. As the course proceeds, alternatives to a typical developmental path and the results of distortions in various developmental lines will be considered. We encourage lively discussion of readings, clinical material, and personal experiences.

Part 2, in the spring of 2024, will be a 16-week course that will continue the study from adolescence through adulthood to the developmental concerns of the end of life. Part 2 is open to students who completed Part 1A and Part 1B.

Prerequisites: This class is open to non-matriculated students and is required for matriculated students in the Adult, Adult/Child, or Child-Focused Psychoanalytic and Psychoanalytic Psychotherapy programs. Non-

matriculated students will need a basic exposure to and understanding of psychoanalytic theory and its application to the treatment of patients.

Applicants can meet this requirement through previous coursework, training, or supervision (e.g., Thinking Psychoanalytically: The Basics; the Introductory Courses; psychoanalytic coursework or supervision in graduate school/residency or post-graduation). Other students may take this class with the permission of the instructors. If needing approval, please get in touch with the instructor directly *before* registering for this course. **The class size is limited to 15 participants. Matriculated students will have priority.**

[Course Syllabus](#)

Required Text:

Gilmore, K. J., & Meersand, P. (2014). *Normal child and adolescent development: A psychodynamic primer*. American Psychiatric Publishing, Inc.

Training Program Credit: Students who complete this course can earn credit in the psychoanalytic psychotherapy or psychoanalysis training programs.

Continuing Education Credit: At the end of the course, participants must complete the evaluation form to receive continuing education credit. The instructor(s) has signed a financial disclosure form and has no relevant financial relationship(s) with ineligible companies to disclose.

About the Instructor:

Dr. Peter Buonaccorsi is a Child, Adolescent, and Adult Psychiatrist in part-time private practice in Raleigh and is the Medical Director of the Whitaker Adolescent PRTF in Butner. He is an academic graduate of the PCC Psychoanalysis program. Dr. Buonaccorsi did his medical and residency training at the University of Maryland and the University of Maryland/ Sheppard Pratt Program. He completed his child training fellowship at the Cambridge Health Alliance/Harvard Medical School. He is particularly interested in the overlap between development, biological models, and psychological phenomena. Of note, he holds undergraduate degrees in history, physiology, and neurobiology and enjoys rehabilitating old turntables and motorbikes when not otherwise occupied.

Registration and Tuition Deadline is August 15, 2023

Tuition

PCC Matriculated Students: **\$235**

Graduate Students and Residents: **\$290**

All others: **\$315**

Registration Fee: \$25 per term (Matriculated Students are exempt from registration fee).

Payment plans can be arranged with the Business Manager.

[Register Here](#)

Course Learning Objectives

Class participants will be able to:

1. Name five core psychodynamic principles of development.
2. Explain how the attachment system, as described by Bowlby, works to protect the Infant.
3. Discuss what Winnicott's 'good enough parenting' means in relation to 'not good enough parenting' and to the formation of psychic structures.
4. Describe what the Novicks mean by open and closed systems and the implications for emotional self-regulation.
5. Understand what the term Rapprochement Phase means and how it relates to self-regulation.
6. Explain the importance of imaginative play in normal development.
7. Explain how the Oedipal complex concepts relate to the formation of triadic relationships.
8. Describe how, according to Barkai, Gender Dysphoria as a diagnosis can contribute to distress in a client.

Confidentiality Statement: All case material will be carefully disguised. We ask that participants agree to hold all material presented with the utmost care, following ethical and professional guidelines.

Accommodation Statement: To request an accommodation for this program, please get in touch with the Administrator at Kayla@CarolinaPsychoanalytic.org no later than two weeks before the start date.

CE & CME Disclosures:

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Psychoanalytic Association and the Psychoanalytic Center of the Carolinas. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians."

The American Psychoanalytic Association designates this Live Activity for a maximum of 12 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS: None of the planners and presenters for this educational activity have relevant financial relationship(s)* to disclose with ineligible companies* whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

*Financial relationships are relevant if the educational content an individual can control is related to the business lines or products of the ineligible company.

-Updated July 2021-

The Psychoanalytic Center of the Carolinas has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6518. Programs that do not qualify for NBCC credit are clearly identified. The Psychoanalytic Center of the Carolinas is solely responsible for all aspects of the program.

The Psychoanalytic Center of the Carolinas is approved by the American Psychological Association to sponsor continuing education for psychologists. The Psychoanalytic Center of the Carolinas maintains responsibility for this program and its content.

Social workers will receive a letter of attendance documenting their hours of continuing education. This certificate may not be acceptable verification in all states.

Contact: Kayla@CarolinaPsychoanalytic.org

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