



202A – From Freud to Ego Psychology

Instructor: Donald Rosenblitt, MD

Meeting Dates: Tuesdays – August 22, 2023 through October 10, 2023

Time: 5:30 PM - 7:00 PM Eastern

Location: Zoom/Virtual

of Credit hours: CME Credits: 12 / CE: 12 clock hours/ NBCC: 12 clock hours / All others: Letter of Attendance

Target Audience: This class is for mental health professionals at the beginning or intermediate level.

Format: This class will combine lecture and seminar formats; student participation is encouraged. All PCC courses include small group discussions that require participants to read and synthesize the materials presented. PCC faculty ensure that gaps in knowledge are addressed.

Description: From Freud to Ego Psychology is the first of a four-part series that introduces the major phases of development in psychoanalytic theory from its origins in the latter part of the 19th century to the present. This is an 8-session course that focuses on psychoanalytic theories originating in Freud, his contemporaries, and their successors. The ego psychological model includes ego functions, the conflict-free ego sphere, the defenses, internal conflicts, and the impact of external influences and/or conflicts on ego functioning.

Prerequisites: Students will need a basic exposure to and understanding of psychoanalytic theory and its application to the treatment of patients. Applicants can meet this requirement through previous coursework, training, or supervision (e.g., Thinking Psychoanalytically: The Basics; the PPSC Introductory Course; psychoanalytic coursework or supervision in graduate school/residency or post-graduation). Applicants who do not meet this requirement can register for the course with the permission of the instructor and should contact the instructor directly for approval *before* registering.

[Course Syllabus](#)

Required Texts:

Sandler, J., et. al. (1997). *Freud's models of the mind: An introduction* (pp. 1 – 161). H. Karnac Books Ltd.

Note: Students must purchase the book before the first class meeting.

Training Program Credit: Students who successfully complete this course can earn credit in the psychoanalytic psychotherapy and psychoanalysis training program.

Continuing Education Credit: At the end of the course, participants must complete the evaluation form to receive continuing education credit. The instructor(s) has signed a financial disclosure form and has no relevant financial relationship(s) with ineligible companies to disclose.

About the Instructor:

Donald Rosenblitt, MD, is a child and adult psychoanalyst and the founding Clinical and Executive Director of the Lucy Daniels Center. In August 2019, Dr. Rosenblitt retired from his position of 27 years as Executive and Clinical Director and transitioned into his new role as Director of Medical Services, where he will continue his vital life's work of serving children and families through in-depth evaluation and treatment. Dr. Rosenblitt is a member of the Psychoanalytic Center of the Carolinas (PCC) faculty. He is a Training and Supervising Analyst of the psychoanalytic training program of the PCC. He is a past director of the Psychoanalytic Institute of the Carolinas, now the psychoanalytic training program of the PCC. Dr. Rosenblitt has written and lectured extensively on topics related to early childhood development.

Registration and Tuition Deadline is August 15, 2023

Tuition

PCC Matriculated Students: **\$235**

Graduate Students and Residents: **\$290**

All others: **\$315**

Registration Fee: \$25 per term (Matriculated Students are exempt from registration fee).

Payment plans can be arranged with the Business Manager.

[Register Here](#)

Course Learning Objectives

Class participants will be able to:

1. Discern and discuss the effect of bias related to gender, class, race, and other related issues on theoretical and clinical aspects of the psychoanalytic ego psychological model.
2. Describe aspects of the pre-structural models of the mind (e.g., affect/trauma, topographic models).
3. Discuss the structural model of the mind as described by Freud.
4. Discuss the contribution of signal anxiety to the structural model of the mind (e.g., inhibitions, symptoms, and anxiety).
5. Discuss the beginnings of the concept of ego psychology.
6. Discuss further elaboration of the structural model as it relates to developing the super-ego and neurotic conflict.
7. Discuss the clinical implications of the structural model.
8. Discuss the clinical application of the structural model.
9. Discuss the current state of ego psychology and its role in psychoanalysis.

Confidentiality Statement: All case material will be carefully disguised. We ask that participants agree to hold all material presented with the utmost care, following ethical and professional guidelines.

Accommodation Statement: To request an accommodation for this program, please get in touch with the Administrator at [Kayla @ CarolinaPsychoanalytic.org](mailto:Kayla@CarolinaPsychoanalytic.org) by two weeks before the start date.

CE & CME Disclosures:

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Psychoanalytic Association and the Psychoanalytic Center of the Carolinas. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.”

The American Psychoanalytic Association designates this Live Activity for a maximum of *12 AMA PRA Category 1 Credit(s)*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS: None of the planners and presenters for this educational activity have relevant financial relationship(s)* to disclose with ineligible companies* whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

*Financial relationships are relevant if the educational content an individual can control is related to the business lines or products of the ineligible company.

-Updated July 2021-

The Psychoanalytic Center of the Carolinas has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6518. Programs that do not qualify for NBCC credit are clearly identified. The Psychoanalytic Center of the Carolinas is solely responsible for all aspects of the program.

The Psychoanalytic Center of the Carolinas is approved by the American Psychological Association to sponsor continuing education for psychologists. The Psychoanalytic Center of the Carolinas maintains responsibility for this program and its content.

Social workers will receive a letter of attendance documenting their hours of continuing education. This certificate may not be acceptable verification in all states.

Contact: Kayla@CarolinaPsychoanalytic.org

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